

## Department of Clinical Nutrition

### Vision:

Our vision is that patients within the Niagara Health System will have access to evidence-based, patient-centered nutrition care in order to optimize their health and well-being.

### Mission:

Our mission is to:

- Identify patients at nutritional risk and provide evidence-based nutrition therapy to maximize nutritional status
- Collaborate with patients and caregivers to complete nutritional assessments and develop nutrition care plans
- Contribute to patient care as part of the inter-professional health care team
- Use appropriate teaching tools and skills according to the patient's level of comprehension and readiness for change
- Using a client-centered approach, provide patients with the tools and education to help meet their ongoing nutritional needs at home.
- Educate patients on therapeutic diets to minimize nutritional impact symptoms