

Patient Name: \_\_\_\_\_

Surgeon: \_\_\_\_\_

**You Have An Important Appointment Before Your Surgery**

Your Preoperative Clinic Appointment is on \_\_\_\_\_ at \_\_\_\_\_ a.m. / p.m.

**Please be at the Registration Department checked below at \_\_\_\_\_ a.m. / p.m.**

(This is 30 minutes before your appointment to make sure there is enough time to register you)

- Greater Niagara General Site** – 5546 Portage Road, Niagara Falls  
Please go to Patient Registration in the Main Entrance
- St. Catharines Site** – 1200 Fourth Avenue, St. Catharines  
Please go to Patient Registration inside the Main Entrance
- Welland Site** – 65 Third Street, Welland  
Please go to 3 West and check in at the first desk

Date of Surgery: \_\_\_\_\_ Time of Surgery: \_\_\_\_\_ a.m. / p.m.

Time to get to the hospital on the day of surgery: \_\_\_\_\_ a.m. / p.m.

You are booked for surgery at the site checked below:

- Greater Niagara General Site, 5546 Portage Road, Niagara Falls
- St. Catharines Site, 1200 Fourth Avenue, St. Catharines
- Welland Site, 65 Third Street, Welland

You are booked for:

- Day Surgery – you will go home the same day as your surgery
- Admission – you will likely be in hospital for \_\_\_\_\_ days

**Call your surgeon before surgery if:**

- You have a cold, an infection or change in your health
- You have any changes to your medicines
- You can't have surgery on the date written above

# Getting Ready for the Preoperative Clinic

## When you come to the Preoperative Clinic, please bring:

- All of your prescription, over the counter, non-prescription medicines, vitamins, minerals, supplements and natural remedies. Don't forget any ear drops, eye drops, creams, ointments, inhalers, injections, liquids, nose sprays, patches and suppositories.
- A list of all medications you are taking from your pharmacist. Please call your pharmacist before your surgery to get a list of your medications. Ask if you need a free MEDSCHECK appointment.
- Your health card and group insurance information.
- If this is a WSIB case, bring your claim number and Social Insurance Number.
- If you need help to get from place to place, English is not your first language, or you need a translator, please bring someone to help you.

## Do I need to go to the Preoperative Clinic?

YES – You are an important member of your health care team and the information you give will help us to provide extraordinary care.

## Can't make this appointment? Questions? Concerns?

- If you need to change the date or time of your Preoperative Clinic appointment, please contact your surgeon's office.
- If you have any questions or concerns, please contact your surgeon's office.

## Your surgery may be cancelled or delayed if you do not attend this appointment

For more information about Niagara Health, go to the Niagara Health website at  
[www.niagarahealth.on.ca](http://www.niagarahealth.on.ca)

OR

**Call the Patient Information Line: 289-398-1073**

Please see the next page for the answers to some commonly asked questions  
about the Preoperative Clinic.

## What is the Preoperative Clinic?

The Preoperative Clinic is a clinic at the hospital to help you get ready for your surgery.

- You can eat and drink as you always do before your Preoperative Clinic appointment.
- You should take your medicines as you normally would before your Preoperative Clinic appointment.

## What happens at the Preoperative Clinic appointment?

You will be seen by members of the health care team depending on your needs.

These team members will:

- Do a nursing assessment, check your blood pressure and record your height and weight and other tests as needed
- Arrange visits with other members of the health care team and services, if required (anaesthesia, physiotherapy, home care, occupational therapy, etc.)
- Give you information about your surgery and recovery
- Give you a chance to ask questions about your recovery and/or hospital stay, if needed
- Give you written instructions to take home to help you get ready for your surgery

## How long will my Preoperative Clinic appointment take?

- The Preoperative Clinic visit will take 2 to 4 hours. The time depends on how many health care team members you need to see

## What do I bring?

- Your health card and group insurance information
- If this is a WSIB case, bring your claim number and Social Insurance Number
- All of your prescription, over the counter, non-prescription medicines, vitamins, minerals, supplements and natural remedies. Don't forget any ear drops, eye drops, creams, ointments, inhalers, injections, liquids, nose sprays, patches and suppositories.
- The list of medications from your pharmacist
- If you need help to get from place to place, English is not your first language, or you need a translator, please bring someone to help you
- Any snacks or medicines you will need during the time you will be at the hospital for this visit

## Parking

- There is a fee for parking in the hospital parking lot
- Take a ticket when you enter the parking lot. Bring the ticket into the hospital with you – do not leave it in your car.
- Before leaving the building, put your ticket into one of the ticket kiosks found at all major exits
- The kiosk will tell you how much to pay. You can pay by cash or credit.
- After you pay, the ticket will be returned. Take the ticket to the car and put it into the machine at the exit gate

**Notes:**

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**Niagara Health is a Smoke and Scent-Free Environment**