# **Patient and Family** As a partner in your healthcare, your participation is important. We need you to: Be an active participant in the second of th



Ask questions until you believe you have all of the information you need to make informed healthcare decisions.

Partner with us in developing a safe and timely discharge plan.

Provide accurate personal health information to inform your healthcare team.

Respect staff and physicians according to Niagara Health's Code of Conduct.

abuse of staff, physicians, patients or visitors.

Consider that the needs of other patients may sometimes be more urgent than your own and that we are doing our best to meet everyone's needs.

Choose someone in advance to act or make decisions for you, should the need arise.



#### Safe, Quality Care

You have the right to timely, high quality care that meets or exceeds your expectations.

Your care will be provided in a consistent, reliable manner by highly skilled and knowledgeable staff and physicians.

We will collaborate with you to ensure seamless transitions throughout your care, including a safe and supportive discharge.

Our care follows best practice guidelines and is rooted in **research** and innovation.



#### **Respect and Dignity**

We promise to provide an **environment that is free from judgment** and is respectful of your individual identity, beliefs, values and culture.

We will protect your health information and respect your privacy and confidentiality.

At Niagara Health, we promise our staff and physicians will treat you with respect and dignity, valuing you as a whole person and not just a diagnosis.



## **Meaningful Communication**

You can expect to be meaningfully involved in transparent, collaborative conversations about your care in terms you can understand.

You have the right to ask questions about your care to make an informed and confident decision.

Your care plan will be reviewed frequently and collaboratively with you to ensure you are an active participant in your own care.

You have the right to identify family and/or supports that can be valuable contributors in your circle of care.



#### **Empathy and Compassion**

We value **meaningful**, authentic partnerships in providing your care.

At Niagara Health, our staff and physicians promise to show compassion in a friendly caring environment.

We will demonstrate empathy through our actions to you to understand what matters most in your care journey.



# Person-Centred Care

We will partner with our patients and families to co-develop individualized care plans that acknowledge unique physical, mental and emotional needs.

You can expect a patient-centered approach where your voice matters and you can feel safe to share your concerns.

Together, we will develop mutually defined goals inclusive of your personal preferences and needs.



### **Healing Atmosphere**

You have the right to have your care provided in a safe, positive environment that promotes healing and recovery.

You can expect a welcoming, clean atmosphere with clear signage and personable staff and physicians to help you find your way.



#### Valued Care Team

Our environment is free from aggression, disruptive behaviour and harassment.

Our promise is to protect our patients, families, staff, physicians and community.

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