NIAGARA REGION GROCERY DELIVERY SERVICES

FORT ERIE

Store/Address	Phone Number	Area Served	Cost	Details
Joe's Valu-Mart 311 Gorham Rd. Ridgeway	905-894-5266	Fort Erie, Crystal Beach, Stevensville, Ridgeway	Delivery for \$5.00	Available Monday, Tuesday, Thursday. Call before noon for same day delivery. *Stevensville and Fort Erie delivery Tuesdays only*
Grocery Wish	905-321-4462	Fort Erie Crystal Beach Ridgeway Stevensville	\$20.00 plus 10% of bill for first store, \$5.00 plus 10% of bill for all stores after first store.	Tuesday-Sunday: 11am-8pm Order online at GroceryWish.com or call online, choose delivery time slot, choose store and create wish list.
WELLAND				
Pupo;s 195 Maple Ave. Welland	905-735-8401	Welland Fonthill Port Colborne	\$6.00 assembly charge, Minimum \$8.00 for delivery plus 10% of total order price	Call store with grocery list. Delivery hours Wed & Thurs 9am-3pm
R.C.Delivery	905-358-5600	Welland	\$7.00 plus 15% of groceries	Hours: 9am-10pm
NIAGARA FALLS/ST.CATHARINES/THOROLD Open Mon-Fri 9:30-3pm, Call between 9am				
Grocery Grabber	905-358-1043	Niagara Falls, St.Catharines, Welland, Fonthill	\$20.00-\$22.00 for under \$70.00 groceries, additional charge for over \$70.00	and 11am for same day delivery \$1/case, additional charge for water/pop/juice. Additional fee (\$15.00) for Welland, Fonthill, Port Weller, Port Robinson, St.Davids, Virgil and Niagara on the Lake
The Shopping Heart	905-329-3738	St.Catharines, Thorold, NOTL, Niagara Falls, Welland, Pelham, Beamsville, Grimsby	Cost varies based on location \$12.00-\$20.00 and up plus 15% of total bill	Mon-Fri: 9am-9pm Sat/Sun by appointment only Contact Amy Walsh by phone or at: amy@theshoppingheart.com www.theshoppingheart.com
Grocery Delivery	905-680-6546	St.Catharines, Thorold, Thorold South	\$13.00 flat rate	Call Melanie with orders on Mondays between 10am-12pm.Deliveries are made on Tuesdays and Wednesdays before 2:30pm.
Shoppers Drug Mart Port Plaza *for prescriptions	905-391-3532	St.Catharines	Delivery for \$5.00	Open Mon-Sun 8am-12am. Delivery of groceries Mon-Sun by 6pm. Deliveries are at no charge with prescriptions. No orders after 3pm.