

KEEPING in Touch

A MONTHLY UPDATE FROM YOUR
LONG TERM CARE HOME – ECU

Message from the Administrator — *Gina de Souza*

Welcome to our new Director of Care. Some of you may have already met Barb Naykalyk-Hunt who started working in the home the third week of March. Barb can be reached at Extension 33503 for any resident care/nursing related concerns.

Our nursing consultant Dianne Roy has completed her temporary coverage of nursing supervision and she may occasionally be in the on a consulting basis. Thank you to Dianne for all of her contributions to the home's nursing department.

The Nursing Home has been working hard on improving our care and services in many areas. We are committed to

continuous quality improvement of services to our residents.

To streamline some of our paperwork responsibilities and avoid duplication, we have decided to combine the resident newsletter and Keeping In Touch Family newsletter therefore Keeping In Touch will become a newsletter for both family members and residents. The mail out system for family members will still continue as some families are not able to be in the home on a regular basis.

Chiropody Challenges:

Our new Chiropodist unfortunately discontinued services to the nursing homes she worked at due to family commitments.

We are in the process again of looking for another Chiropodist

for foot services in the nursing home.

Helping us be safe:

We have some concerns about safety in our dining rooms due to equipment. We are asking all residents who use walkers, to help us keep a safe environment for the staff who serve the meals by leaving their walkers parked outside of the dining room only for the duration of the meal service. Staff will assist the residents in parking the walkers outside the dining room and retrieving the walkers for the resident when residents wish to leave after their meal. We thank you for helping to create a safe work environment for our staff.

Contact Us at
905-378-4647

- Administrator - **Gina de Souza**, ext. 33501, Gina.DeSouza@niagarahealth.on.ca
- Director of Care (Nursing) - **Barb Naykalyk-Hunt**, ext. 33503 Barb.Naykalyk-Hunt@niagarahealth.on.ca
- Program Manager (Recreation/Rehab/Volunteer/Spiritual) - **Crystal Mooney**, ext. 34585, Crystal.Mooney@niagarahealth.on.ca
- Office Manager (Finances) - **Laurie Holmes**, ext. 33502, Laurie.Holmes@niagarahealth.on.ca
- Food Services Supervisor - **Sharon Ironside**, ext. 32279, Sharon.Ironside@niagarahealth.on.ca
- Environmental Services Supervisor (Housekeeping/Laundry/Maintenance) - **Julie Cascio**, ext.33517 Julie.Cascio@niagarahealth.on.ca



Message from Administrator — *Cont'd from Pg 1*

Helping our residents stay cool:

Warm Niagara weather will soon be upon us. We ask that family check resident clothing and ensure their loved ones have clothing that is warm weather appropriate. We recommend clothing that is loose, lightweight, and light coloured. A hat with a brim and sunglasses are also useful to help protect the head, face and eyes.

It is a good thing to encourage drinks to your loved ones when visiting. Staff would be happy to get extra fluids for residents.

Please read the enclosed 'Appendix E Family Tip Sheet for LTC Home Resident Outings During Hot Weather' provided by the Ministry of Health and Long Term Care.

Program News — *Crystal Mooney*

Welcome to all new residents and families!!

Recreation News

Welcome to the recreation staff Julie Horton, full time in ECU replacing Shauna, Denise Gazzelone part time in ECU and Jamie Wilson, casual part time.

Please note that Grilled Cheese lunches are now on hold until October as we enjoy monthly BBQ's at lunch. ✦

Volunteers will prepare a

From the Office ✦✦✦

It is that time of year again...Accommodation rates are changing July 01, 2007 as per the Ministry of Health...All residents who are in a ward room must submit your Notice of Assessment for tax year 2006 to Laurie Holmes as soon as possible. New rates will be posted as soon as they are received by the Nursing Home. Please watch the communication boards for the information.

Laurie Holmes, Office Manager

special Strawberry dessert for lunch on June 13th. ✦

Rosary will be on hold during July & August and will resume in September. ✦

"Sensory Stimulation" is a new to the calendar is a program for those residents who do not get out of bed or to other programs. ✦

Please note that Resident Council and Resident Food minutes are posted on the Resident Info Boards.

ECU Wish List

As we move forward with renewing our Home, we have developed a list of items that we would like to have but that are not funded under our capital equipment plan.

These items will add to a more homelike atmosphere in the Home and improve the overall quality of life for residents living here. If you are interested in donating toward any of the following items, please see Laurie in administration:

- ◆ New TV Stand for Library
- ◆ Outdoor bench cushions
- ◆ Foot rests/ottomans
- ◆ Resident computer with internet
- ◆ Fish tank with cabinet
- ◆ Buffet/hutch for dining rms
- ◆ End tables for west lounge
- ◆ Wall-mounted library TV
- ◆ Dinnerware and cutlery for formal dining program
- ◆ 2 Grandfather clocks
- ◆ Internal Sound System for music in hallways.

Resident's Council is currently discussing items they wish to purchase from the wish list with their funds.

Donations can be made to the Resident Council fund held by the hospital Foundation. See Laurie in administration for more information.



Congratulations!!



Above: George and Barbara Novosel celebrated their 65th Wedding Anniversary on May 23.



Left: Daniel and Dorothy Carter receive best wishes from volunteer Bev Steed on their 67th Anniversary!!

From the Nursing Desk – Barb Naykalyk-Hunt

Well it has certainly been a couple of busy months as I get to know all of the residents, staff and families here!

June is Seniors Month and this years theme is “**Active Living: Share Your Experience**”.

To quote Jim Bradley, Minister of Citizenship and Immigration “ the theme encourages older adults to become involved in programs so that their wisdom and experience may benefit others”. I look forward to getting to know you all and Sharing Your Experience!



Program News – Cont'd from Pg 2

Rehab News

ACTIVE Health our physiotherapy provider conducted reassessment of residents for “Falls Risk” on May 27th. Another date will be set to complete this.

Effective June 4th, our physio assistants will change units. Katherine Joiner will work in ECU and Pam Culp-Blanchard will move over to ILTC. Please check the calendar

for exercise class times.

Pam will be on holidays from June 25 & returning July 9th. Some coverage for Pam will be provided by Katherine. ✦

With regret we must say goodbye and good luck to *Casey Bodner, our rehab assistant* who is moving to work on 5th floor here at the Welland Site. Her last day with us will be June 11, 2007.



Power Wheelchairs

Residents are reminded that using power wheelchairs and scooters is a privilege and must be used with caution and consideration for safety . Please keep your speed to a minimum for everyone’s safety.

Update from Food & Support Services — Sharon Ironside & Julie Cascio

Our new Menu will be starting on July 2, 2007. We have added some new items to the menu that residents have requested. There will be a taste panel of the new items on the menu in June for the resident to try.

For Father's Day we will be having a ¼ chicken dinner with Orange Creamsicle Dessert.

Resident Food Committee meeting June 21st at 2:00.

If you would like to have a meal with your loved one, you can do so by purchasing a meal voucher in the office for

\$5. We ask that you give the Food Service Supervisor 24 hours notice.

Residents Furniture

Just a reminder, bedside and over-bed tables cannot be used as TV stands, it is unsafe and it is not acceptable.

Any piece of furniture brought in must be in good condition, no chips or scratch marks.

When moving any chairs or tables in common areas of the home, it is very much

appreciated if these items are put back in their proper place ready to be used by the other residents.

Most residents have been provided with one arm chair in their room. When visiting your loved one and require an additional chair, could you kindly put it back when you are done.

Personal Linen

When leaving new clothes for stamping please leave a note attached to indicate which resident it belongs to.

Two bags of personal clothes were left in the laundry room in early May with no name and we do not know who they belong to.

If your family member is missing clothes please check with the laundry person between the hours of 10:00 - 3:00 o'clock.

Thank you for your cooperation.

Event Calendar

Shopping Trips—June 4th & 25th

Cards & Games Night * Wednesday, June 6th.

Fathers Day Breakfast * Sun. June 17th 8:30 sign up early!!

Rose Parade * Sun. June 17th

- family please join us and bring a lawn chair.

Family Garden Social* Sun. June 24th 2:00 pm

- fun for the kids, entertainment and good food!!

- bring your lawn chairs and sunscreen.

Blue Star Fish & Chips for Lunch * \$8.50 /person

Thurs. June 28th—limited space

June is Senior's Month

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