

# KEEPING in Touch

A MONTHLY UPDATE FROM YOUR  
LONG TERM CARE HOME – ECU

## Message from the Administrator — *Gina de Souza*

As we welcome summer, we suggest that family take the opportunity to check on availability of summer clothing for residents. Our nursing home is climate controlled, so some residents may still like a cardigan for those variable temperatures we may experience in Niagara Region and with our climate control. We try to keep the windows in the resident rooms closed and the air cooling system on in each room to provide optimal relief from humidity.

Our last newsletter contained information provided from the Ministry of Health regarding hot weather preparedness. Please see Administration if you would like another copy of the

guidelines.

We will be measuring humidex readings in the nursing home daily to monitor our residents environment carefully and will offer residents extra fluids in hot weather.

**I would like to take this opportunity to thank family members who have generously made donations of funds to the nursing home 'wish list' as it has enabled us to purchase some furnishings that allow us to convert an institutional setting into a more home like environment.**

I would also like to thank residents and family for being so patient with all of the renovations and painting.

We hope that painting will be complete within the next 3 weeks and we will then be able to put the art work back on our walls.

As the home is still in the process of recruiting a new chiropodist for the home, if a resident requires foot care services, please contact DOC or Administration so that we can offer an alternative contact for family, so that chiropody services can be arranged.

Our home is serviced by ACTIVE Health for physiotherapy services. ACTIVE Health also has Massage Therapy Services available that family can arrange for residents if they choose.

Contact Us at  
905-378-4647

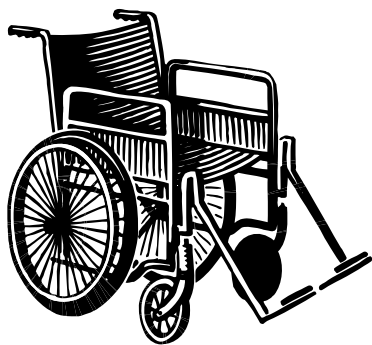
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- Director of Care (Nursing) - **Barb Naykalyk-Hunt**, ext. 33503 [Barb.Naykalyk-Hunt@niagarahealth.on.ca](mailto:Barb.Naykalyk-Hunt@niagarahealth.on.ca)
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## Message from Administrator — *Cont'd from Pg 1*

This is a fee for service program. We will provide contact information to family as soon as brochures are received.

Lewis and Krall will be soon offering **free** wheelchair steam cleaning service. Arrangements are currently being made. This will enhance our infection control program in the nursing home.



## Program News — *Crystal Mooney*

**Welcome to all new residents and families!!**

See page 4 of this newsletter for a list of our **community outings** for July. Residents should call ext. 33504 to book a seat. As we need to be fair, residents will be able to go on at least one trip in the month in order to allow everyone a chance to go out. Let us know your first and second choice and we will confirm at least one outing.

### **From the Office**

Thank you to all the families who have brought in the 2006 Notice of Assessments.

If your family member is in a ward accommodation, you have 2 weeks to bring in the 2006 Notice of Assessment. If the assessment is not received the full Basic Rate will apply.

If you are leaving information for me, in the mail box, please be sure to use the mail box on the office door. That way, I will be sure to receive it in a timely fashion.

Thank you...

Laurie Holmes, Office

Extreme Weather - in high temperatures and high humidity, outdoor activities will move indoors.

Please note that Resident Council and Resident Food minutes are posted on the Resident Info Boards.

- ◆ **Cards & Games Night Moving to Friday in July**

## ECU Wish List

As we move forward with renewing our Home, we have developed a list of items that we would like to have but that are not funded under our capital equipment plan. These items will add to a more homelike atmosphere in the Home and improve the overall quality of life for residents living here. If you are interested in donating toward any of the following items, please see Laurie in administration:

- ◆ New TV Stand for Library
- ◆ Outdoor bench cushions
- ◆ Foot rests/ottomans
- ◆ Resident computer with internet
- ◆ Fish tank with cabinet
- ◆ End tables for west lounge
- ◆ Wall-mounted library TV
- ◆ Dinnerware and cutlery for formal dining program
- ◆ 2 Grandfather clocks
- ◆ Internal Sound System for music in hallways.

Resident's Council has voted to purchase three new portable stereos with CD and cassette players.

*Donations can be made to the Resident Council fund held by the hospital Foundation. See Laurie in administration for more information.*





*On Wednesday, June 20th residents, volunteers and staff were all treated to fresh snap dragons compliments of Northbend Gardens in Lowbanks. Pictured above from left Heidi and Detlef Moellgaard and owners Henrietta and John Wassenaar.*

## From the Nursing Desk – Barb Naykalyk-Hunt

Hi everyone. It was really nice to meet and talk with some of you at the Garden Social on Sunday, the 24<sup>th</sup>. The weather was very cooperative and everyone seemed to enjoy the afternoon. Please join me in congratulating the staff who worked so hard to make the event possible. Nice work and a big thank you !

Please feel free to call me at 33503 if you wish to speak with me about our Home or any concerns you may have.



## Program News – Cont'd from Pg 2



*Resident Francis Bailek meets new volunteer "LAMPONI" aka Terry Dowd, as he shows her one of the tricks in his bag!*

*He will visit ECU every Friday as well as visiting in other areas of the hospital.*



### Power Wheelchairs

Residents are reminded that using power wheelchairs and scooters is a privilege and must be used with caution and consideration for safety . Please keep your speed to a minimum for everyone's safety.

## Update from Food & Support Services – Sharon Ironside & Julie Cascio

### Food Service Update:

- New menu delayed until July 15<sup>th</sup>. FSS trying to bring more selection of foods in for variety.
- Now that summer is here when bring in foods for family members in the home please ensure the food is in a sealed container. The container needs to have the residents name and the date the food was brought in. Perishable foods i.e. cheese, fruit and sweets need to be kept in the refrigerator. Fridges that are accessible to the resident are the ones near the nurse's stations.

### Resident Food Committee meeting July 21st at 2:30.

### Residents Furniture

Just a reminder, bedside and over-bed tables cannot be used as TV stands, it is unsafe and it is not acceptable.

Any piece of furniture brought in must be in good condition, no chips or scratch marks.

When moving any chairs or tables in common areas of the home, it is very much

appreciated if these items are put back in their proper place ready to be used by the other residents.

Most residents have been provided with one arm chair in their room. When visiting your loved one and require an additional chair, could you kindly put it back when you are done.

### Personal Linen

When leaving new clothes for stamping please leave a note attached to indicate which resident it belongs to.

Two bags of personal clothes were left in the laundry room in early May with no name and we do not know who they belong to.

If your family member is missing clothes please check with the laundry person between the hours of 10:00 - 3:00 o'clock.

*Thank you for your cooperation.*

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### Event Calendar—Outings

Shopping Trips—July 2nd Seaway Mall 10:00

July 9th Seaway Mall 10:00

**Betty's For Supper - July 16th 4:30**

**Fort Erie Casino and Race Track - July 17th 10:00**

**Fishing & Picnic at St. John's - July 18th 9:30**

**Country Drive and Ice Cream - July 18th 9:30**

**Classic Car Show; Seaway Mall-July 20 6:00**

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Phone: 90378-4647, [www.niagarahealth.on.ca](http://www.niagarahealth.on.ca)



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