



NIAGARA HEALTH SYSTEM
SYSTÈME DE SANTÉ DE NIAGARA

Health Education Series

Stroke - *What You Need to Know*

Learn about the signs and symptoms of stroke, healthcare services available for Niagara residents, and lifestyle changes you can make to reduce your risk.



- ◆ Presentation by ...
Niagara District Stroke Centre
- ◆ Question & answer session
- ◆ Displays and handouts

**Niagara-on-the-Lake
Public Library**

Highway 55, NOTL

Free admission & parking

**Wednesday
November
10**

**2 p.m. & 7 p.m.
presentations**

This event is part of the Info Health series and the 2 p.m. presentation is filmed and televised by Cogeco TV