

Welland Hospital Foundation's
1st Annual



High Heal-a-thon

Pre-Register by
Friday Sept. 10

Ladies & Gentlemen...

Put your best foot forward

1st Annual High Heel Race
Women 100m • Men 50m
Corporate Teams of 4
(men, women or mixed) 100m Relay

**Prizes for Race Winners,
Best Dressed Team, Best Legs & more!**

SATURDAY, SEPTEMBER 18, 2010

Seaway Mall

800 Niagara Street, Welland

Registration 10am • Race 11am

**Minimum
Registration Fee
\$10/Person**

Proud Sponsors



Collect pledges to help us raise more money.
Event proceeds go towards purchasing
equipment for the Welland Hospital Site.



Registration and pledge forms available at
www.niagarahealth.on.ca/foundations/wh,
Visit us on Facebook or call (905) 378-4647 ext 32395