

Pathfinder series: Advanced Breast Cancer

Websites

Advanced BC: Metastatic Breast Cancer Information and Support for Patients, Family Members and Friends <http://advancedbc.org/>

Advanced BC.org is dedicated solely to the needs of living with metastatic breast cancer and the perspectives of Musa Mayer, long-time advocate and author. Patients can find information, support and hope within this excellent website.

I still buy green bananas <http://digital.turn-page.com/issue/2065?RID=143423>

From the organization Network of Strength, this is an online booklet (can be viewed online or downloaded from the site) that offers information for anyone living with metastatic breast cancer. Topics include coming to terms with the diagnosis, facing the future, pulling together a support system, and living with cancer.

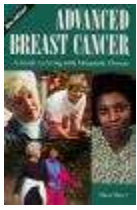
Recurrent and Metastatic Breast Cancer http://breastcancer.org/symptoms/types/recur_metast

A very comprehensive look at living with metastatic disease from the experts at Breastcancer.org, one of the first and best sites for breast cancer information. Detailed information, a FAQ page and an "Ask the Expert" session are all included, and information is updated regularly.

When Cancer Returns <http://www.cancer.gov/cancertopics/coping/when-cancer-returns>

This site, from the National Cancer Institute, covers many topics relating to metastatic and recurrent cancer in general (not breast cancer specifically). The information can be viewed online or downloaded as a PDF. Resources and places to go for more information are also included.

Books available from Central library, St. Catharines:



Advanced breast cancer: A guide to living with metastatic disease / Musa Mayer,
Pub date: c1998, **Call No.: 362.196994 May**

All aspects of dealing with metastatic disease are covered in this book, including coping with the shock of recurrence and making treatment decisions, communicating effectively with medical personnel, managing symptoms of disease progression and side effects, getting support from other patients, family and friends, and finding ways to keep hope alive and discover meaning in adversity.

Books/videos they may be able to help you find:

100 Questions & answers about advanced and metastatic breast cancer / Lillie D. Shockney

A practical guide with answers to questions about treatment options, quality of life, sources of support and much more. This book also provides commentary from actual patients, and is an excellent resource for anyone dealing with the medical, psychological and emotional turmoil of this condition.

The Beautiful 8: learning to live with advanced breast cancer / Young Survival Coalition

Join an intimate discussion among eight young women diagnosed with metastatic breast cancer as they undertake a journey filled with hope, fear, laughter, anxiety and determination to live life to the fullest. The Beautiful Eight connects viewers with a community of young women who openly share their experience of living with advanced breast cancer.

Frankly speaking about cancer: Advanced breast cancer / Linda Miller

This guide helps patients with advanced breast cancer find information and support in order to make the best decisions for their health and future. With a better understanding of the disease and treatment options available, patients will be able to gain a sense of control, alleviate some feelings of isolation and find a renewed sense of hope.

Navigating your path: A guide for people with advanced breast cancer / Canadian Breast Cancer Network

This booklet is written as a guide for anyone who is living with advanced or metastatic breast cancer. Finding ways to live with this might feel very challenging, but knowing there are treatment options and support available can help patients deal with and overcome some of these challenges. This booklet offers tools and support for this next stage of the cancer experience.

The quiet war: Profiles of women living with advanced breast cancer / Francois Dumoulin DVD

The Quiet war was created to be a source of information and an extensive resource for women facing Advanced Breast Cancer. The film was also created to increase awareness and sensitivity for these women by their caregivers and medical professionals. The content of this film was shaped by cancer survivors and has been reviewed by medical professionals. It was meant to be a guide for women, not an exclusive resource.



The materials recommended have been compiled and reviewed by the team at Juravinski Cancer Centre, our regional cancer centre