

## Pathfinder series: Brain tumours

### Websites:

**Brain Tumour Foundation of Canada** <http://www.braintumour.ca>

The Brain Tumour Foundation of Canada is a national, non-profit organization dedicated to the needs of patients with brain tumour by providing support, education, and funding for research. It also provides a forum for patients to connect to others who share their own experiences.

**Brain and Spine Foundation** <http://www.brainandspine.org.uk/our-publications>

This organization is dedicated to providing information and support for patients with brain and spine conditions. Booklets and fact sheets on a wide variety of topics, including those dealing with brain tumours, treatments, diagnostic tests, and much more.

**BC Cancer Agency**

<http://www.bccancer.bc.ca/PPI/TypesofCancer/BrainnCentralNervousSystem/default.htm>

This site provides a good overview of types of brain tumours, treatments and more. Users can also access the newsletter headlines, which is quarterly publication by the BC Cancer Agency featuring the latest news in research, coping resources for patients and loved ones, tips for staying healthy, and suggestions on websites and books for further information. There are also links to previous issues.

**MedlinePlus "Brain Cancer"** <http://www.brainumor.org/>

This website includes information on specific conditions and the effects of brain tumours on the mind, emotion, and personality. It also has useful interactive tutorials and videos (for example, on various types of surgical procedures).

**National Brain Tumor Foundation** <http://braintumor.org/>

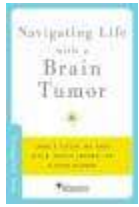
The NBTF's site offers information, education and support for brain tumour patients and their loved ones. An online community allows patients and family members to connect with others, ask questions and gain support. Good informative publications are also available for download.

**Oncolink "Brain Cancer: The Basics"**

<http://www.oncolink.org/types/article.cfm?c=2&s=4&ss=25&id=9534>

A good overview of different types of brain tumours, what they are, how they are treated, what to expect, links to further resources and much more from this highly-respected website and organization.

## Books available from Central library, St. Catharines:



**Navigating life with a brain tumor / Lynne P. Taylor, Alyx B. Porter Umphrey, Diane Richard**, Oxford University Press, Pub. date: c2013, **Call No.: 616.99481 Tay**  
Providing readily accessible information and encouragement to people living with primary and metastatic brain tumours, this book covers the basics of brain tumours, including their management, related symptoms, and treatments. It also offers practical suggestions to improve the quality of life for the patients and the caregiver by demystifying medical jargon, lifestyle modification and more

## Books/videos they may be able to help you find:

### **100 Questions and answers about brain tumors / Virginia Stark-Vance**

This book offers help for the brain tumor patient, survivor, and friend or relative of either. The authors provide practical answers to your questions about treatment options, post-treatment quality of life, and sources of support.

### **The Essential Guide to Brain Tumors / The national Brain Tumor Foundation**

This is a supportive and jargon-free resource for brain tumor patients. Topics covered include understanding the brain and central nervous system, possible causes of brain tumours, tumour types, treatments, symptom management, survivorship, and suggestions for caregivers.

### **Understanding Brain Metastases: A Guide for Patient and Caregiver / National Brain Tumor Foundation**

This resource covers brain metastases: the symptoms, how they are diagnosed and evaluated, what is done after brain metastases have been found, how they are treated, and how patients and their loved ones can cope.