

Community Treatment Order – CTO

This program provides:

- An informed CTO Coordinator to educate/guide the client/SDM, physician and/or community team about what a CTO is and throughout this legal process.
- A comprehensive plan (CTP) for community-based treatment of care and supervision that is less restrictive than being detained in a psychiatric facility.
- The community treatment plan (CTP) may include regular physician meetings, weekly case manager meetings, monitoring of medications, supported living environments and plans for potential crisis/psychiatric emergency.

A Community Treatment Order (CTO), is a provision under the Ontario Mental Health Act that allows a physician to mandate supervised treatment on a client when they are discharged from hospital. Overall, the goal is to prevent mental health deterioration due to medication non-compliance.

Substitute Decision Maker (SDM) Helpful Information:

- A Substitute Decision-Maker is a person who is authorized to give or refuse consent to treatment on behalf of others who are not able to make these decisions for themselves
- The SDM is available, accessible and agreeable to participate in supporting a community treatment order (CTO) plan of care.
- The steps to a CTO include: a doctor assessing a person and determining if they are eligible for a CTO, then all involved (doctor, SDM, community and CTO coordinator) review and sign the plan, this **issues** the CTO. The SDM will get a call from a Rights Advisor. Next, the form 45 will be sent to all involved for signatures and the CTO will be **finalized** (this can take up to 2 weeks). A copy of the finalized CTO is sent to all.
- The SDM **MUST** promptly review, sign and return the necessary legal paperwork; as any delay may result in the CTO expiring / the client not receiving needed treatment
- Contact at **905-378-4647 ext 46403** and/or **fax 905-704-4769 ‘Attention CTO Program’**
- Mail to: Niagara Health, Attention: CTO Program, 1200 Fourth Ave., St Catharines, Ontario, L2S OA9
- If you need more details about substitute decision make (SDM)
<https://trilliumhealthpartners.ca/aboutus/Documents/ethics/SDM-Brochure.pdf>