

## Pathfinder series: Colon Cancer

### Websites

**Colorectal Cancer Association of Canada** [www.colorectal-cancer.ca](http://www.colorectal-cancer.ca)

A Canadian website that offers a great deal of information relating to colorectal cancer. It includes a section for “just the facts”, as well as a screening, treatments, support and more. There are also sections on news, events, and ways for Canadians with colorectal cancer to connect online or in person.

**Colon Cancer Alliance** [www.ccalliance.org](http://www.ccalliance.org) (site may ask for credentials, click “cancel” to load site)

An American organization dedicated to informing and supporting those affected by colorectal cancer. Includes basic information about the disease, treatment, clinical trials and quality of life, and offers support groups and advice for both the patient and their friends and family.

**Cancer Support Community – Colorectal Cancer**

<http://www.cancersupportcommunity.org/MainMenu/About-Cancer/Types-of-Cancer/Colorectal>

The CSC aims to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. This site offers lots of important information on colorectal cancer including understanding your cancer, treatment options, talking to your healthcare team, quality of life concerns and much more.

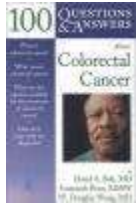
**United Ostomy Association of Canada** <http://www.ostomycanada.ca/>

The UOAC is a volunteer organization dedicated to helping people who have had an ostomy operation. Here you can find ostomy information, FAQ, a list of ostomy product manufacturers, an online chatroom and more.

**MedlinePlus Interactive health Tutorials** <http://www.nlm.nih.gov/medlineplus/tutorials/>

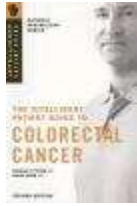
Scroll down the list to find two interactive videos about colon cancer, and colonoscopy. Once you have found and chosen the one you want a new page will appear. Click the top option (“start tutorial”) and your video will load. These informative videos use pictures and descriptions to explain colon cancer, and can be paused or advanced as needed.

# Books available from Central library, St. Catharines:



**100 questions & answers about colorectal cancer / David S. Bub, Susannah Rose, W. Douglas Wong.** Pub date: 2003, Call No.: 616.994347 Bub

This book has easy to understand answers to questions about colorectal cancer, including treatment options, quality of life, support, and much more. A good place to start your research.



**The intelligent patient guide to colorectal cancer: all you need to know to take an active part in your treatment / Michael E. Pezim, David Owen.** Pub date: 2005, Call No.: 616.994347 Pez

The author provides detailed information about colorectal cancer, as well as strategies for coping, ways to handle side effects, and how to take an active role in your treatment plan.



**Colon & rectal cancer: from diagnosis to treatment / Paul ruggieri, Addison R. Tolentino.** Pub date: 2012, Call No.: 616.994347 Rug

This helpful book looks at symptoms of colorectal cancers, tests to diagnose cancer, determining stage of the cancer, surgery and types of treatment. Not a big book, but a comprehensive guide to understanding the disease and options for treatment.

## Books/videos they may be able to help you find:

**Be a Survivor: Colorectal Cancer treatment Guide / Vladimir Lange.**

Be a survivor leads you through the process of dealing with colorectal cancer in an easy-to-follow manner. It talks about preparing emotionally for your treatment, an overview of surgeries and treatments, alternative therapy, post-treatment, advice for your family, and includes helpful diagrams and pictures.

**A Handbook for New Ostomy patients / Hamilton and District Ostomy Association**

Containing practical advice and tips for managing and learning to live with an ostomy, this guide is meant to supplement, but not replace, the information given to you by your doctor, nurse or other health care professional. The authors hope that this handbook can help answer questions, and reassure readers that there can be good living after colostomy surgery.