

The Niagara Health Kidney Care Program is pleased to offer a one day event for health professionals with an interest in kidney disease.

Registration begins at 8:15am
The conference runs from 9:00am-3:30pm
Cost of \$60.00 Parking is free
Registration is closed on May 20th, 2019

Breakfast, lunch and snacks will be provided.

To register visit Eventbrite search:
Nephrology Day 2019: An Update in Kidney Care
or

<https://www.eventbrite.ca/e/nephrology-day-2019-an-update-in-kidney-care-tickets-59559333570>

For more information contact:

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Directions

From Hamilton

QEW Niagara bound take Exit 49 onto Highway 406S towards Thorold/Welland. Take Glendale Ave Exit/Regional Road 89 and turn left onto Glendale Ave. Turn left onto Merritt St. Stone Mill Inn is on the left.

From Niagara

Highway 58N to 406N. Take Glendale Ave Exit/Regional Road 89 and turn right onto Glendale Ave. Take left onto Merritt St. Stone Mill Inn is on the left.

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niagarahealth
Extraordinary Caring. Every Person. Every Time.

**8th Annual Kidney
Care Program
Education Day**

June 5th, 2019

An Update in Kidney Care

Stone Mill Inn
271 Merritt St
St. Catharines, Ontario

Our Speakers

Dr. Eli Rabin, MD FRCP(C), PhD, ABIM, FACP, FRCP

Dr. Rabin graduated from Queens University in 1961 with his MD. He returned to school and acquired a Biochemical degree from McGill University in 1971. Through his years of practice, he also took on teaching roles at McGill University and Ottawa University. In 1998, he joined the Nephrology department at the NHS and has continued his support of Academia as a Faculty assistant professor at McMaster University and later became the Regional Education leader for Internal medicine.

Dr. Kathleen Quinn, MD FRCPC.

Dr. Quinn completed her undergraduate and medical degrees at McMaster University. She then completed an Internal Medicine residency at McMaster and her Nephrology and Nephrology Transplant Fellowships at Western University. She joined the Nephrology group in St. Catharines in January 2019.

Carol Nagy, MSc, SW

Carol received her Masters in Social Work from the University of Toronto and is currently the Executive Director with Hospice Niagara. Her professional experience has included areas such as child welfare, mental health and ParticipACTION. Carol's entire career, though diverse, has shared a common thread of voice and vision for those in need.

Claire Chartrand, MSc, RD

Claire is a registered dietitian currently working in the kidney clinic at the St. Catharines hospital. She is passionate about helping her clients achieve their best health through nutrition but firmly believes food was created to be enjoyed and that the pleasure of eating is just as important as the nourishment it provides.

Peggi Garner, RN

Peggi is the Clinical Lead of the Home Hemodialysis program. She has been nursing since 1978 and has 32 years experience working in both peritoneal and hemodialysis. Her passion is helping people realize their potential and to assist them in achieving independence. Her home patients and their caregivers are her heroes...who inspire her every day.

Mark Matthews

Mark is a veteran to the Canadian comedy circuit, performing in both Canada and the United States. He regularly performs at Yuk Yuk's and supports a variety of charity events. A former dialysis patient and kidney transplant recipient, Mark is the co-founder and show producer of the Komedie for Kidneys Gala which has raised over \$85,000 for Dialysis Patient Care in Niagara.

Our Schedule

08:15-09:00 Registration and breakfast
 09:00-09:10 Welcome and opening remarks
 09:10-10:00 Dr. Eli Rabin, MD FRCP(C), PhD, ABIM, FACP, FRCP
 Evolution of Dialysis

10:00-10:15 Break

10:15-11:00 Carol Nagy, MSc, SW
 Integration of Hospice and Kidney Disease

11:00-11:45 Claire Chartrand, MSc, RD
 Kidneys, Beans, and Greens: Plant Based Eating in the Renal Population

11:45-12:30 Lunch

12:45-13:45 Dr. Kathleen Quinn, MD FRCPC
 Kidney Transplant: A Consideration for All Patients with End Stage Renal Disease

13:45-14:15 Peggi Garner, RN
 Being at Home on Hemodialysis

14:15-14:30 Break

14:30-15:15 Mark Matthews
 Koping with Komedie – the Patient Experience

15:15-15:30 Closing Remarks