

instructions for a simple, personalized gift. Participants are welcome to bring additional drinkware to design during the workshop.

Group Guitar

December 7th, 11:00am; and 19th, 2:00pm

Whether you're a beginner, seasoned player, or restarting after a hiatus, you are welcome in our social guitar group. Instruction won't be directly provided, but shared and co-facilitated.

Participants must bring their own guitar.

Holiday Floral Arranging

December 11th; 1:30pm

The Garden Clubs of Niagara is back again, offering a holiday-inspired, perfect-for-a-centrepiece floral arrangement using fresh, seasonal favourites. It also makes a wonderful hostess gift! Space is very limited.

Gemstone Bracelet Making

December 13th; 1:30pm

Join local artist Lori Burke to create a beautiful gemstone bracelet using handpicked beads. This custom piece of jewelry is perfect for a gift or a holiday bling for yourself. Space is very limited!

Mini Holiday Acrylic Canvases

December 14th; 11:00am

For those who'd love something handmade on your gift list, join us in painting mini holiday acrylic canvases. Magnets are also available. Examples will be provided, but participants are welcome to let their creativity guide them.

Holiday Recipe Q&A

December 18th; 2:00pm

Stumped on what to bring to your family potluck? Not sure why your sugar cookies spread? Need to accommodate a vegetarian at the table? Wondering how to make the best stuffing? Bring your questions, recipes you share (optional), a notebook, and master your holiday food list.

History of Christmas Carols

December 21st; 11:00am

Did you know Bing Crosby's *Silent Night* is the 3rd best-selling single of all time? Or Jingle Bells was too racy to be sung by children's choirs when it was first written? Join in on this fun fact-filled class

about your favourite Christmas carols – there might be a little singing involved, too!

AiM Waiting Room Events

Arts Live in the Waiting Room

Workshops, artists, and musicians are featured at select times in the waiting rooms. See the calendar for this month's highlights. We're always seeking new ideas – requests/referrals welcome!

Creativity Cart

A cart filled with engaging activities wheels through waiting and treatment areas at select times. Patients and caregivers can also request a visit. It includes knitting, crosswords, card-making, fabric painting, music, origami, and more.

Arts-on-Call: Private Appointments and During Chemotherapy

Customized AiM appointments are available for patients and caregivers, providing creative or social experiences. Options include one-time or ongoing projects, and can accommodate individuals or groups. Arts-on-Call appointments can also occur during chemotherapy to help pass the time. Ask your team or contact Laurie to book an appointment.

Call to Artists

Are you an established painter, photographer, or other visual artist? We are looking to expand our art collection. If you or someone you know may be interested in taking part in our Art on Loan program, please contact Laurie at the information below.

Contact

As we expand AiM, we look for your input. Contact **Laurie Sadowski, Arts in Medicine Coordinator, at 905-378-4647, x.49241 with questions or suggestions.**

Coming Soon

Photography, Film Music, Blog Writing, Drumming, iPad Music, and more! Call to secure your spot!

niagarahealth

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Walker Family Cancer Centre

arts in medicine

December 2018

AiM Pre-Registered Classes

Pre-registration is required for all classes to secure your spot – space is limited. All classes are FREE and open to patients, family, friends, caregivers.

Registration and questions can be directed to

Laurie Sadowski, Arts in Medicine Coordinator, at 905-378-4647, x. 49241.

Book Club – New Books Starting Regularly!

December 3rd, 10th, 17th; 10:00am

Do you like to read and engage in insightful discussion with like-minded folks? Call Laurie to find out October's book pick! Physical or e-copies can be provided with advance notice.

DIY Holiday Card Making

December 5th, 2:30pm

Come join in our holiday crafternoon with loads of scrapbooking, stamping, and card making supplies to create custom holiday cards for your family and friends. Bring photos or other materials you'd like to include for your custom creations.

Glass Drinkware Painting

December 6th; 1:30pm

Join local artist Lori Burke to create a custom tumbler or other drinkware with step-by-step

WFCC arts in medicine

December 2018 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 10:00am: Book Club (O) 11:00am: Arts Live in the Waiting Room, Joy Liu	4	5 2:30pm: Holiday Card Making (RAD)	6 1:30pm: Glass Painting with Lori Burke (REG)	7 11:00am: Group Guitar (O)	8
9	10 10:00am: Book Club (O) 11:00am: Arts Live in the Waiting Room, Jacob Stirpe	11 1:30pm: Holiday Floral Arranging (CON)	12	13 1:30pm: Gemstone Bracelet Making with Lori Burke (REG)	14 11:00am: Mini Holiday Acrylic Canvases (O)	15
16	17 10:00am: Book Club (O) 11:00am: Arts Live in the Waiting Room, Jacob Stirpe	18 2:00pm: Holiday Recipe Q&A (REG)	19 2:00pm: Group Guitar (O)	20	21 11:00am: History of Christmas Carols (CON)	22
23	24	25 Christmas Day – WFCC Closed	26 Boxing Day – WFCC Closed	27	28	29
30	31	Patients with children or grandchildren are welcome to book personalized small group or one-on-one events during the holidays. Call Laurie at 905-378-4647, ext. 49241 to ask for availability during your treatment times.				

Legend: CON = Large conference room REG = Board room behind 1st floor registration RAD = Board room across from radiation reception O = Other (inquire)

**Ask about AiM Participant Art Galleries and local arts/culture opportunities for patients and families.
Call Laurie Sadowski, AiM Coordinator, at 905-378-4647, ext. 49241 to register or with requests.**