



Be Prepared: Make a Plan

Discuss Emergency Planning with your family

Emergencies, such as a fire, a severe storm, a flood or power outage, often occur without warning.

Your best defense in protecting yourself and your family during an emergency is knowing what to do and planning ahead. Discuss your plan with your family. The following guide will help you get started. Keep this guide with your emergency kits for quick reference.

Please review your plan every six months to ensure it's up-to-date.

Emergency Phone Numbers

911

Police/fire/ambulance

Family doctor

Pharmacy

Animal hospital

Out-of-town contact

1-800-268-9017/416-813-5900

Ontario Poison Centre

Question

Community



1. I know the unique risks of my community.
2. I am aware of my community's emergency response plan.
3. I know the evacuation route for my home.
4. I am familiar with the schools' emergency plans.
5. I am aware of the emergency plan for my workplace.

Home

1. The keys to the deadbolts are in a safe and easy-to-remember location.
2. I have smoke and CO detectors on each floor and I have tested them in the last six months.
3. I am aware of an alternate exit for each room on each floor.
4. I know how to turn off the gas/water/electricity.
5. The list of emergency telephone numbers is in a safe and easy-to-remember location.
6. My family and I have identified a meeting place outside the home.

Car

1. I understand the importance of having the gas tank at least half full.
2. I have an emergency survival kit in the car.

My Family and Me

1. I am aware of any special needs my family may have during an emergency.
2. We have emergency plans in place to care for our pets.
3. We have a home evacuation plan.
4. Everyone in the family has a copy of the emergency contact numbers list.
5. We have an emergency kit that is accessible and easily carried.
6. We have an emergency response plan and have discussed it in detail.
7. Someone in our family is trained and knows how to provide first aid.

Want to know more?

For more information on preparing a personal emergency plan, call 1-866-801-7242 (TTY 1-800-387-5559) or click here www.health.gov.on.ca/english/public/program/emu/emu_mn.html