

### **Valentine's Day Floral Arranging**

*February 8<sup>th</sup>, 2:00pm*

The Garden Club of Niagara are back to invite you to this popular session featuring a Valentine's Day floral arrangement made with real flowers and plants. This class fills up quickly, so get your name in fast! Please bring a bag to bring home your creation.

### **Valentine's Day-Inspired Acrylics on Canvas with Samantha Province**

*February 9<sup>th</sup>, 1:30pm*

Join local artist Samantha Province as she teaches you step-by-step how to paint a beautiful Valentine's Day-inspired acrylics on canvas painting, perfect for seasonal décor or gift giving!

### **Heart-Shaped Floral Canvases**

*February 14<sup>th</sup>, 1:30pm*

This fun and simple project leads you through a creative process featuring faux flowers on canvas set to a heart-shaped theme. Decorate as your décor dictates using a wide variety of colour on acrylics on canvas. Mix and match as desired. Space is limited.

### **Drawing for Beginners with Marc Oullette**

*February 16<sup>th</sup>, 1:30pm*

Join local artist Marc Oullette as he leads you through learning techniques for drawing without any experience required! Participants are encouraged to tell Laurie what they want to draw – still life, life drawing, comics, et cetera – before the first session and the class will be customized.

### **Surprise Acrylics on Canvas with Darlene Munroe**

*February 21<sup>st</sup>, 1:30pm*

Join local artist Darlene Munroe as she leads you through a surprise scene using acrylics on canvas step-by-step. All levels welcome!

### **Light-Up Painted Wine Bottles with Wendy Williams**

*February 23<sup>rd</sup>, 1:30pm*

Join local artisan Wendy Williams to paint a wine bottle using stencils or free hand. You can bring a bottle or one will be supplied (tell Laurie). Participants can bring \$2 for the addition of twinkle lights. Advance notice needed.

### **MUGULOO (Ancient Art from India) with Rajshree Jena**

*February 24<sup>th</sup>, 1:30pm*

Come join artist Rajshree Jena to explore mindfulness in a fun and interactive way. MUGULOO is based on an ancient art practiced in India, which enhances a positive mind. Participants will create a geometric pattern (with or without template) on canvas. Space is limited!

### **Celebrating You and What You Bring to Life with Susan Russell**

*February 28<sup>th</sup>, 1:30pm*

Join Susan Russell in a gentle session where participants will choose aspects of themselves that they know are true, combined with a relaxing contemplation of these aspects. Participants will celebrate who they are and the gifts they bring to their lives.

## **Call to Artists**

**Are you an emerging or established painter, photographer, mixed media, or other visual artist? We are looking to expand our art collection.**

If you or someone you know may be interested in taking part in our Art on Loan program, please contact Laurie.

## **Contact**

For questions or registration, contact  
**Laurie Sadowski,**  
**Arts in Medicine Coordinator,**  
**at 905-378-4647, x.49241.**

niagarahealth

Extraordinary Caring. Every Person. Every Time.

Walker Family Cancer Centre

## **arts in medicine**

**February 2023**

### **AiM Pre-Registered Classes**

Pre-registration is required for all classes to secure your spot – space is limited. All classes are FREE and open to patients, family, friends, and caregivers.

**For registration and questions, call Laurie Sadowski, Arts in Medicine Coordinator, at 905-378-4647, x. 49241.**

## **See inside for COVID-19 Information**

### **Heart-Shaped Fibre Arts with Betty Calvert**

*February 3<sup>rd</sup>, 1:00pm*

Join local artisan Betty Calvert as she leads you through step-by-step in creating a heart-shaped fibre arts project with little to no experience needed! Class is limited and first-come, first served.

### **Book Club**

*February 6<sup>th</sup>, 13<sup>th</sup>, and 27<sup>th</sup>, 1:00pm*

Do you like to read and engage in insightful discussion with like-minded folks? Call Laurie to find out the next book pick! Physical or e-copies can be provided with advance notice.

# WFCC Arts in Medicine February 2023 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 1:30: <b>Heart-Shaped Fibre Arts with Betty Calvert</b>	4
5	6 1:00pm: <b>Book Club</b>	7	8 2:00pm: <b>Floral Arranging with the Garden Club of Niagara</b>	9 1:30pm: <b>Valentine's Day-Inspired Acrylics on Canvas with Samantha Province</b>	10	11
12	13 1:00pm: <b>Book Club</b>	14 1:30pm: <b>Heart-Shaped Floral Canvases</b>	15	16 1:30pm: <b>Drawing for Beginners with Marc Oullette</b>	17	18
19	20 <b>Family Day</b>	21 1:30pm: <b>Surprise Acrylics on Canvas with Darlene Munroe</b>	22	23 1:30pm: <b>Light-Up Painted Wine Bottles with Wendy Williams</b>	24 1:30pm: <b>MUGULOO (Ancient Art from India) with Rajshree Jena</b>	25
26	27 1:00pm: <b>Book Club</b>	28 1:30pm: <b>Celebrating You and What You Bring to Life</b>				

**Call Laurie Sadowski, AiM Coordinator, at 905-378-4647, ext. 49241 to register or with requests.**

\*\*\*

**Classes will be now be in-person.**

All classes are now in-person, held in the large and small conference rooms at the Walker Family Cancer Centre. Space is very limited for all classes. Masks are required. No food or drink is allowed.