

How to tell if you have a

# Fever

You have a fever if your temperature is:

**38.3°C or 100.9°F or higher at any time**

**OR**

**38°C or 100.4°F for 1 hour or more\***

\*If your temperature is 38°C, 38.1°C or 38.2°C, check it again in one hour  
If your temperature remains 38°C or higher, you have a fever

## **Call right away if you have a fever:**

Oncology Clinic – Monday to Friday 8:30 a.m. to 4:30 p.m:

**905-682-6451**

After hours and holidays call:

**905-685-8082**

**\*If you are feeling unwell with a fever and have not received a call back, go directly to the Emergency Room Department.**

Do not take Tylenol, Advil or Aspirin to lower your temperature unless an oncologist tells you to.

Keep a working thermometer at home. While you are on chemotherapy treatment, check your temperature if you feel hot or unwell (eg. If you have chills)