

How to prepare for your Biopsy Procedure

This sheet provides you with important information on preparation for your biopsy procedure.

Prior to your biopsy procedure (lung, liver, kidney, adrenal, abdominal or pelvic mass):

- Have blood work done as ordered by your referring doctor. If your referring doctor has not asked you to have blood work done, please discuss with the doctor.
- If you are diabetic, on medications (oral or insulin) your referring doctor will give you instructions on taking or holding these medications on the day of your procedure.
- If you are on any blood thinners: **Your doctor will tell you when to stop taking these medications depending on what type of blood thinner you are on.**

| Type of Medication | Names | How long usually held before procedure? |
|---------------------------------------|---|---|
| Antiplatelet | Clopidogrel, Ticagrelor, prasugrel, ticlid | Up to 5 days |
| Aspirin | ASA, ECASA | 3 – 5 days |
| Warfarin | Coumadin | 5 days (you need to have blood rechecked too) |
| Heparin and injectable anticoagulants | Dalteparin, enoxaparin, tinzaparin | Usually 1 dose is held |
| Oral anticoagulants | Dabigatran, rivaroxaban, apixaban, edoxaban | 48 hours. Your doctor may send you to see a thrombosis doctor |

The morning of your procedure:

- Fast for 4-6 hour before the biopsy.
- You may have clear fluid up to 2 hours before procedure (water, clear tea, apple juice).
- Continue with all your medications (**except blood thinners or any diabetic medications that your doctor has told you not to take**) with sips of water on the day of the procedure.
- Ensure you **have a ride arranged** to and from the hospital.
- Plan to arrive at the hospital **90 minutes before** your procedure.
- Please bring all your medications and medication list with you.

If you have any questions or concerns this sheet does not answer, please contact your referring healthcare provider/doctor.