

Pathfinder Series: Lung Cancer

Websites

Lung Cancer Canada <http://lungcancercanada.ca/>

Lots of great resources on this site including education and awareness information, peer support services, interactive media (webcasts) a newsletter and a handbook called "A Patient's Guide to Lung cancer".

Cancercare – Lungcancer.org <http://www.lungcancer.org/>

A US-based site with a good overview of lung cancer in their Lung Cancer 101 section, the site also included current articles, support for patients and loved ones, multimedia such as podcasts on useful topics, online workshops and more.

Caring Ambassadors Program – Lung Cancer <http://www.lungcancercap.org/>

This site has a wealth of detailed, excellent information about lung cancer; types of lung cancer, treatment, coping, supportive care topics, a resource directory of organizations, a monthly newsletter and a great deal more are all included in this well-organized and easy-to-navigate website.

Lung Cancer Alliance <http://www.alcase.org>

An American website dedicated to patient support and advocacy for people living with lung cancer, the LCA's comprehensive website provides news and information about lung cancer treatment and support sources, an online and a survivor's community, access to multimedia resources (podcasts) and much more.

The Roy Castle Lung Cancer Foundation <http://www.roycastle.org/>

This organization from the UK provides excellent information on lung cancer, treatments, coping and living and much more. The "Get Support" section includes booklets, fact sheets, discussion forums and online videos with information as well as the experiences of patients and family members who have dealt with a lung cancer diagnosis.

With every breath: a lung cancer guidebook <http://www.lungcancerguidebook.org/>

A helpful online book with detailed information for the newly diagnosed. Information about small cell and non-small cell lung cancer is included. The information can be accessed on the website or parts of the book can be downloaded for printing if needed.

Books available from Central library, St. Catharines:



100 questions & answers about lung cancer / Joan Schiller, Karen Parles, Amy Cipau Jones and Bartlett Publishers, Pub. date: 2010 Call No.: 616.99424 Sch

Written in a user-friendly question and answer format, and covering all the important topics, this book helps provide the information and tools you need to be an effective patient and take an active role in your care.

Lung cancer : what you need to know--now / from the experts at the American Cancer Society. American cancer Society/Health Promotions, Pub. date: 2013, Call No.: 616.99424 Lun

This is a small but information-packed book that provides lung cancer information – fast! The topics cover everything from diagnosis, treatment options, potential side effects and quality of life issues. There is also a section on questions to ask your health care team.

Books/videos they may be able to help you find:

The Cleveland Clinic guide to lung cancer / Peter Mazzone

This guide helps patients and family members become informed and empowered, and able to participate in their care, and make informed and educated decisions regarding their treatment options.

Going the distance: facing lung cancer together / cancerive DVD

This DVD provides patients and caregivers with the practical advice and personal insights from lung cancer survivors and their spouses. Information is provided on how to facilitate communication, and how to give emotional support of your loved one as they confront the diagnosis and treatment of lung cancer.

Your guide to lung cancer / David Gilligan and Robert Rintoul

This is a nicely illustrated and easy to read lung cancer handbook with sections on diagnostic tests, surgical options, chemotherapy, radiation and more, definitions and explanations of terminology are included in each chapter, and there are sidebar "Q &As" for a variety of questions patients may have.

Voices of lung cancer – the healing companion: stories for courage, comfort and strength / The Healing Project

This book is filled with enlightening and inspiring true stories of lives transformed. Written by patients, their friends, families, and caregivers, these very personal accounts offer insight into the ways families and professionals care for both themselves and the patient, gain a deeper understanding of their personal relationships and learn to come to terms with the disease.



The materials recommended have been compiled and reviewed by the team at Juravinski Cancer Centre