

Book Club

March 13th and 27th, 1:00pm

Do you like to read and engage in insightful discussion with like-minded folks? Call Laurie to find out the next book pick! Physical or e-copies can be provided with advance notice.

3D Floral Canvases

March 14th, 1:30pm

This fun and simple project leads you through a creative process featuring faux flowers on canvas set to whatever theme you'd like. Decorate as your décor dictates using a wide variety of colour on acrylics on canvas. Mix and match as desired. Space is limited.

Springtime Fibre Arts with Betty Calvert

March 15th, 1:00pm

Join local artisan Betty Calvert as she leads you through step-by-step in creating a springtime fibre arts project with little to no experience needed! Class is limited and first-come, first served.

Gentle Yoga and Meditation with Monique Idzenga

March 20th, 2:30pm

Join our yoga and meditation instructor Monique Idzenga for a yoga and meditation class focusing on gentle poses, relaxation, calm, and your breath. The class is fully accessible and can be done sitting or on the ground. Please bring your own mat.

Drawing for Beginners with Marc Oullette

March 21st, 2:00pm

Join local artist Marc Oullette as he leads you through learning techniques for drawing without any experience required! Participants are encouraged to tell Laurie what they want to draw – still life, life drawing, comics, et cetera –

before the first session and the class will be customized.

Acrylics on Canvas: Pointilism with Debbie Proulx

March 23rd, 1:30pm

Join local artist Debbie Proulx as she teaches you how to create a beautiful scene using the simple yet artistic pointillism technique. No experience needed!

Easter and Spring Card Making with Trish Vickers

March 28th, 1:30pm

Join local artisan Trish Vickers as she teaches you several beautiful handmade cards using creative techniques and tools. These professional-looking cards are very impressive! Space is very limited.

Acrylics on Canvas: Dandelion Blowing in the Wind with Lila Saporito

March 31st, 1:30pm

Come join artist Lila Saporito in an easy-to-follow acrylics on canvas class to create a beautiful sunset with a dandelion blowing in the wind. No experience necessary, as you'll learn step-by-step to creating your masterpiece.

Call to Artists

Are you an emerging or established painter, photographer, mixed media, or other visual artist? We are looking to expand our art collection.

If you or someone you know may be interested in taking part in our Art on Loan program, please contact Laurie.

Contact

For questions or registration, contact
Laurie Sadowski,
Arts in Medicine Coordinator,
at 905-378-4647, x.49241.

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Walker Family Cancer Centre

arts in medicine

March 2023

AiM Pre-Registered Classes

Pre-registration is required for all classes to secure your spot – space is limited. All classes are FREE and open to patients, family, friends, and caregivers.

For registration and questions, call Laurie Sadowski, Arts in Medicine Coordinator, at 905-378-4647, x. 49241.

See inside for COVID-19 Information

Spring-Inspired Crochet for All Levels with Anna Jukes

March 8th, 1:00pm

Join local artisan Anna Jukes to learn how to crochet a spring inspired masterpiece! All levels are welcome – whether or not you've ever crocheted before!

Garden Rock Painting

March 9th, 2:00pm

As the spring weather comes upon us, we start thinking about our gardens! Join Wendy Williams for ideas to adorn smooth rocks for decorate your garden, or leave for inspiration around your neighbourhood.

WFCC Arts in Medicine

March 2023 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 1:00pm: Spring-Inspired Crochet for All Levels with Anna Jukes	9 2:00pm: Garden Rock Painting	10	11
12	13 1:00pm: Book Club	14 1:30pm: 3D Floral Canvases	15 1:00pm: Fibre Arts with Betty Calvert	16	17 2:30pm: Gentle Yoga and Meditation with Monique Idzenga	18
19	20	21 2:00pm: Drawing for Beginners with Marc Oullette	22	23 1:30pm: Acrylics on Canvas: Pointillism with Debbie Proulx	24	25
26	27 1:00pm: Book Club	28 1:30pm: Easter and Spring Cardmaking with Trish Vickers	29	30	31 1:30pm: Acrylics on Canvas with Lila Saporito	

Call Laurie Sadowski, AiM Coordinator, at 905-378-4647, ext. 49241 to register or with requests.

Classes will be now be in-person.

All classes are now in-person, held in the large and small conference rooms at the Walker Family Cancer Centre. Space is very limited for all classes. Masks are required. No food or drink is allowed.