

# niagarahealth

## Cardiovascular Health and Rehabilitation Program

TELEPHONE: 905-641-2542

FAX: 905-704-4756

Name: \_\_\_\_\_  
Last Name First Name Mr./Mrs. /Miss/Ms

Address: \_\_\_\_\_

Telephone Number: ( ) \_\_\_\_\_

Hospital ID Number: \_\_\_\_\_ HCN \_\_\_\_\_

Family Physician: \_\_\_\_\_ VC

### **RISK FACTORS** (Please check if present)

1. Smoking ☐ 2. Hypertension ☐ 3. Dyslipidemia ☐ 4. Diabetes type 1 ☐ type 2 ☐  
5. Overweight ☐ 6. Stress ☐ 7. Depression ☐ 8. Inactivity ☐ 9. Family History ☐

### **REFERRING DIAGNOSIS** (Check all that apply)

- ☐ **Post MI:** Date: \_\_\_\_\_ ☐ **PTCA:** Date: \_\_\_\_\_ ☐ **CHF** ☐ **STABLE CAD**  
☐ **Cardiac Surgery:** Date: \_\_\_\_\_ ☐ CABG ☐ Valve ☐ Other: \_\_\_\_\_  
☐ **Other:** \_\_\_\_\_

**LV Function:** ☐ > 50% ☐ 35-49% ☐ 20-34% ☐ Less than 20% **CCS Angina Class:** 0 I II III IV

### **MEDICATIONS** (Name Dose Frequency)

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

### **COMORBIDITIES/CONCERNS/RESTRICTIONS**

- ☐ Angina ☐ Peripheral Vascular Disease ☐ CHF ☐ ICD ☐ Pacemaker  
☐ Other: \_\_\_\_\_

### **\*\*Referral must include a copy of most recent** (Please check if present):

- ☐ Exercise stress test Date: \_\_\_\_\_ Location: \_\_\_\_\_ Tested on Beta-Blocker? ☐ Yes ☐ No  
☐ Lipids and fasting glucose Date: \_\_\_\_\_

**If not included your office may be contacted to arrange testing**

Physician Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_