

### **Crochet for All Levels**

*November 7<sup>th</sup>; 1:30pm*

Whether you love to crochet or want to learn, local artisan Anna will cover the basics, teach you something new, or help you work on an existing project. No experience needed!

### **Acrylics on Canvas**

*November 13<sup>th</sup>; 1:30pm*

Come join artist Darlene as she works you through step-by-step in painting a whimsical llama in this acrylics on canvas class. No experience needed – space is limited!

### **Deco-Mesh Holiday Wreaths**

*November 15<sup>th</sup>; 2:00pm*

Let's create a deco-mesh holiday wreath—perfect for your front door! You can bring specific materials of your own to add a personal touch, but basics will be provided. Space is very limited!

### **Rug-Hooking Social Group**

*November 19<sup>th</sup>; 1:30pm*

Learn the artistry of rug-hooking, an easy crochet-style craft made by pulling loops fabric through a stiff woven base. Join facilitator Betty to create a new design or continue a project.

### **Bees 101 w/ Lee Valley Tools**

*November 20<sup>th</sup>; 2:00pm*

Joe from Lee Valley Tools will lead us through making a bee house, and share how it protects bee colonies' health and how bees are important for our environment. Space is limited – houses will be available for one per household.

### **Pottery Painting with Crockadoodle**

*November 26<sup>th</sup>; 10:30am* ← please note time

Join our local Crockadoodle as they lead you through creating ceramic tiles that can be used as coasters or hot plates. All projects will be fired and ready for pick-up at their location.

### **DIY Advent Calendars**

*November 28<sup>th</sup>; 1:30pm*

The countdown to Christmas is on. Learn how to create your own unique advent calendar. Bring 24 of your favourite candies to fill it (it's step one!) Ask Laurie beforehand to see a project sample.

### **Holiday Traditions in Niagara**

*November 29<sup>th</sup>; 1:30pm*

Join Sara Nixon, Public Programmer at the St. Catharines Museum, as she explores holiday traditions in St. Catharines. Enjoy photographs from the Museum Collection, and hear and share stories in this conversation-based program.

### **AiM Waiting Room Events**

#### **Arts Live in the Waiting Room**

Artists and musicians are featured at select times in the waiting rooms. See the calendar for highlights. Requests/referrals welcome!

#### **Creativity Cart**

A cart filled with engaging activities wheels through waiting and treatment areas at select times. It includes knitting, crosswords, card-making, painting, music, origami, and more.

### **Arts-on-Call: Private Appointments and During Chemotherapy**

Custom AiM appointments are available for patients and caregivers. These creative or social experiences include one-time or ongoing projects for individuals or groups. Appointments can also occur during chemotherapy to help pass time. Requests welcome! Ideas include drawing, photo editing, music, looming, writing, reading, discussing films, library resources, jewelry-making, card-making, Scrabble, PICC line cover design, exploring culture and arts in Niagara, and larger projects. **Ask your team or contact Laurie to book an appointment.**

### **Call to Artists**

Are you an emerging or established photographer, painter, or other visual artist? Contact Laurie to help expand our art collection.

### **Contact**

For questions or registration, contact  
**Laurie Sadowski,**  
**Arts in Medicine Coordinator,**  
**at 905-378-4647, x.49241.**

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Walker Family Cancer Centre

## **arts in medicine**

### **November 2019**

### **AiM Pre-Registered Classes**

Pre-registration is required for all classes to secure your spot – space is limited. All classes are FREE and open to patients, family, friends, caregivers.

**For registration and questions,  
call Laurie Sadowski, Arts in  
Medicine Coordinator, at  
905-378-4647, x. 49241.**

### **Guarding Niagara: Stories of WWI in St. Catharines**

*November 1<sup>st</sup>; 2:00pm*

In honour of Remembrance Day, join Adrian Petry from the St. Catharines Museum & Welland Canals Centre for a special talk on the Welland Canal Force and St. Catharines during the First World War.

### **Book Club – New Book Starting!**

*November 4<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>; 11:30am*

Do you like to read and engage in insightful discussion with like-minded folks? Call Laurie to find out the next book pick! Physical or e-copies can be provided with advance notice.

### **Fall-Inspired Macramé for Beginners**

*November 6<sup>th</sup>; 1:30pm*

Join local artisan Lisa VanDer Klis as she guides you through creating fall-inspired macramé décor using rustic jute. It makes the perfect gift for yourself or a friend. No experience needed

# WFCC Arts in Medicine      November 2019 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2:00pm: <b>St. Catharines Museum Presents Guarding Niagara: Stories of WWI in St. Catharines</b> (CON)	2
3	4 11:30am: <b>Book Club</b> (O)	5	6 1:30pm: <b>Fall-Inspired Macramé with Lisa</b> (CON)	7 1:30pm: <b>Crochet for All Levels</b> (REG)	8	9
10	11 <b>Remembrance Day</b>	12	13 2:00pm: <b>Acrylics on Canvas</b> (RAD)	14	15 2:00pm: <b>Deco-Mesh Holiday Wreaths</b> (CON)	16
17	18 11:30am: <b>Book Club</b> (O)	19 1:30pm: <b>Rug Hooking Social Group</b> (REG)	20 2:00pm: <b>Bees 101 with Lee Valley Tools</b> (CON)	21	22	23
24	25 11:30am: <b>Book Club</b> (O)	26 10:30am: <b>Pottery Painting with Crockadoodle</b> (CON)	27	28 1:30pm: <b>DIY Advent Calendars</b> (REG)	29 1:30pm: <b>St. Catharines Museum Presents Holiday Traditions in St. Catharines</b> (CON)	30

Legend: CON = Large conference room    REG = Board room behind 1<sup>st</sup> floor registration    RAD = Board room across from radiation reception    O = Other (inquire)

**Call Laurie Sadowski, AiM Coordinator, at 905-378-4647, ext. 49241 to register or with requests.**

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**Coming soon: Creative Writing, Film Talks, Photography, Tech Help, and more!**

**Custom appointments are available with any arts, music, craft, or other projects.**

**Ask about AiM Participant Art Galleries and local culture opportunities for patients and families.**