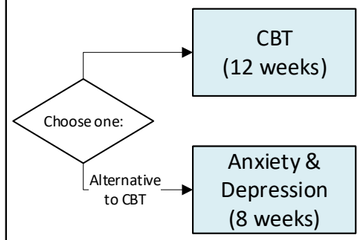
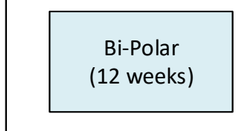
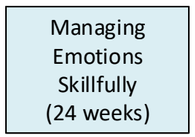
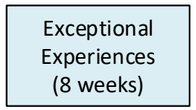
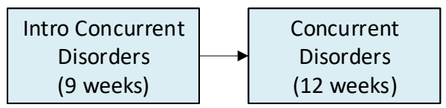
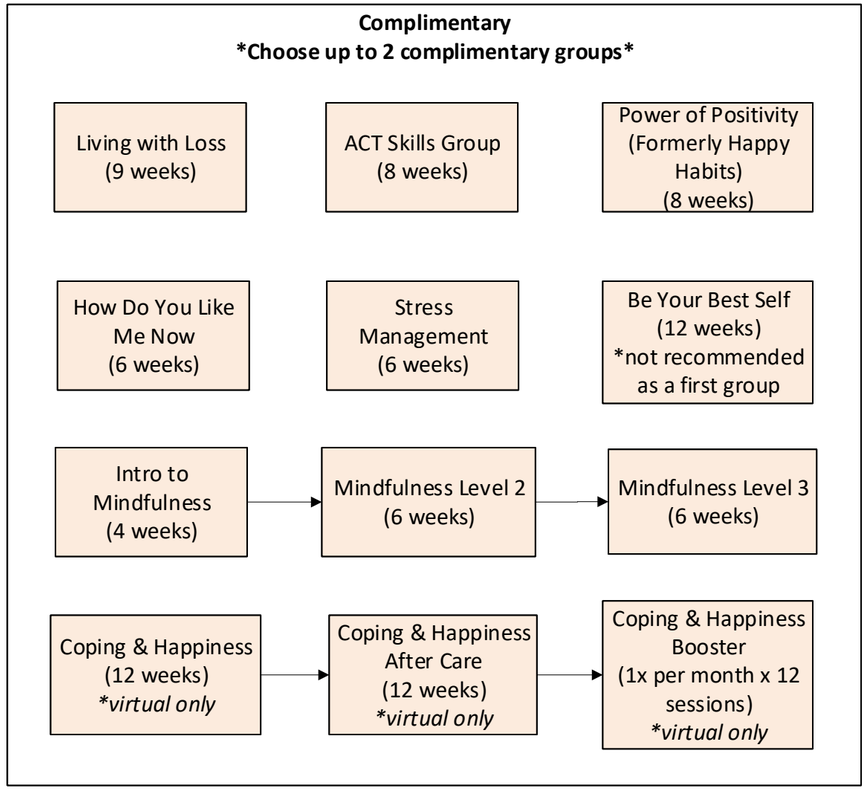
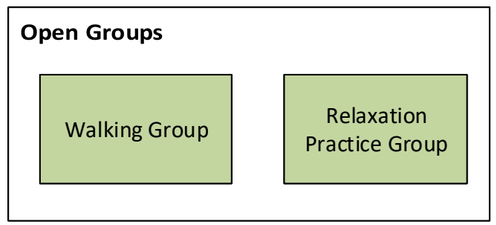
Outpatient Mental Health Adult Group Therapy Pathways

Criteria	
Anxiety & Depression	Diagnosis and/or symptoms of an anxiety disorder and/or symptoms of a mild, moderate or major depressive disorder.
Bi-Polar	Diagnosis and/or symptoms of bi-polar disorder.
Emotional Dysregulation	Diagnosis and/or symptoms of a borderline personality disorder.
Schizophrenia	Diagnosis and/or symptoms of schizophrenia, psychosis and/or schizo-affective disorders.
Concurrent Disorders	Clients with co-occurring substance use (SU) and mental health (MH) problems.