

# Outpatient Mental Health Day Hospital Treatment Pathway

Day Hospital

Niagara Falls  
& Welland  
Site

Happy  
Habits

IMR

Walking  
Group

Community  
Connections

Studio 4

Relaxation  
Practice

Day Program

St. Catharines  
Site

Psychiatry  
Consult

Happy  
Habits

Process  
Group

Studio 4

Specialized  
Clinical  
Programming