

requests beforehand so we can draw your favourites!

Movie and TV Chat

October 15th, 11am

Do you like stream new movies and television shows? Are you currently looking for a new binge? Join this social group as we review our favourites, share ideas, and take requests!

Book Club

October 18th, 11am

Do you like to read and engage in insightful discussion with like-minded folks? Call Laurie to find out the next book pick! Physical or e-copies can be provided with advance notice.

Painting on Canvas

October 19th, 11am

Join one of our favourite AiM artists, Lori Burke, as she leads you through painting a Firefly scene with acrylic paints on canvas. Canvases are available at the WFCC for those who need them. Paint/brushes must be supplied by participants.

Drawing Music

October 21st, 11am

Let's explore and interpret some of the best orchestral works with a pencil to paper. Each song will be played and we'll draw what we feel with a group share to follow. Expand your mind with new musical works and let your creativity flow!

Spooky Stories from St. Catharines

October 26th, 11am

To celebrate the Halloween season, Sara Nixon from the St. Catharines Museum will consider why we're so interested in the paranormal and delve into a few

supernatural stories connected to historic places and events in St. Catharines history.

Fall Themed Zentangle Drawing

September 28th, 11am

Zentangle is a method for drawing invented by a monk named Rick Roberts and an artist named Maria Thomas with the intention to combine meditation and art. It promotes increased self-confidence, helps relieve stress and anxiety, and nurtures and develops creativity. You don't need to have any experience in drawing, and the combinations of designs and patterns are endless. Join local artist Samantha Province as she leads you through a fall/Halloween themed drawing.

Social Pumpkin Carving

October 29th, 11am

Share your jack-o-lantern creativity in this social group with our pumpkins front and centre. Participants will be provided links with templates they can use, if desired. Each participant will receive one large pumpkin for carving care of Harvest Barn.

Call to Artists

Are you an emerging or established painter, photographer, mixed media, or other visual artist? We are looking to expand our art collection.

If you or someone you know may be interested in taking part in our Art on Loan program, please contact Laurie.

Contact

For questions or registration, contact
Laurie Sadowski,
Arts in Medicine Coordinator,
at 905-378-4647, x.49241.

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Walker Family Cancer Centre

arts in medicine

October 2021

AiM Pre-Registered Classes

Pre-registration is required for all classes to secure your spot – space is limited. All classes are FREE and open to patients, family, friends, caregivers.

For registration and questions, call Laurie Sadowski, Arts in Medicine Coordinator, at 905-378-4647, x. 49241.

See Calendar side for COVID-19 Information

Paint Your Own Pottery

October 5th, 11am

Join Helga from Crock A Doodle in a pottery painting class. Participants can choose between a plate, mug, or bowl and paint a birch tree fall scene. Pottery will then be fired at Crock A Doodle. Fee: \$24, which includes your pottery, paint, and brushes.

Creating Cute Critters

October 7th, 11am

Join local artist and AiM regular Quin McColgan, who will lead you through step-by-step in drawing cartoon animals. Participants are encouraged to submit

WFCC Arts in Medicine October 2021 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 11:00am: Paint Your Own Pottery with Crock A Doodle	6	7 11:00am: Creating Cute Critters with Quin McColgan	8	9
10	11 Thanksgiving – WFCC closed	12	13	14	15 11:00am: Movie and TV Chat	16
17	18 11:00am: Book Club	19 11:00am: Painting on Canvas with Lori Burke	20	21 11:00am: Drawing Music	22	23
24/31	25	26 11:00am: Spooky Stories of St. Catharines	27	28 11:00am: Zentangle with Sam Province	29 11:00am: Social Pumpkin Carving	30

Call Laurie Sadowski, AiM Coordinator, at 905-378-4647, ext. 49241 to register or with requests.

Classes will be performed virtually through Microsoft Teams

All classes are now done virtually through Microsoft Teams, a free, secure software that requires participants to use through their web browser. Due to the changes from the pandemic, some classes may require participants to purchase materials at a nominal fee.