

Patient Name: _____

Surgeon: _____

You Have An Important Appointment Before Your Surgery

Your Preoperative Clinic Appointment is on _____ at _____ a.m. / p.m.

Please be at the Registration Department checked below at _____ a.m. / p.m.

(This is 30 minutes before your appointment to make sure there is enough time to register you)

- Greater Niagara General Site** – 5546 Portage Road, Niagara Falls
Please go to Patient Registration in the Main Entrance
- St. Catharines Site** – 1200 Fourth Avenue, St. Catharines
Please go to Patient Registration inside the Main Entrance
- Welland Site** – 65 Third Street, Welland
Please go to 3 West and check in at the first desk

Date of Surgery: _____ Time of Surgery: _____ a.m. / p.m.

Time to get to the hospital on the day of surgery: _____ a.m. / p.m.

You are booked for surgery at the site checked below:

- Greater Niagara General Site, 5546 Portage Road, Niagara Falls
- St. Catharines Site, 1200 Fourth Avenue, St. Catharines
- Welland Site, 65 Third Street, Welland

You are booked for:

- Day Surgery – you will go home the same day as your surgery
- Admission – you will likely be in hospital for _____ days

Call your surgeon before surgery if:

- You have a cold, an infection or change in your health
- You start taking a new medicine
- You can't have surgery on the date written above

Getting Ready for the Preoperative Clinic

When you come to the Preoperative Clinic, please bring:

- All of your prescription, over the counter, non-prescription medicines, vitamins, minerals, supplements and natural remedies. Don't forget any ear drops, eye drops, creams, ointments, inhalers, injections, liquids, nose sprays, patches and suppositories.
- A list of all medications you are taking from your pharmacist. Please call your pharmacist before your surgery to get a list of your medications. Ask if you need a free MEDSCHECK appointment.
- Your health card and group insurance information.
- If this is a WSIB case, bring your claim number and Social Insurance Number.
- If you need help to get from place to place, English is not your first language, or you need a translator, please bring someone to help you.

Do I need to go to the Preoperative Clinic?

YES – You are an important member of your health care team and the information you give will help us to provide extraordinary care.

Can't make this appointment? Questions? Concerns?

- If you need to change the date or time of your Preoperative Clinic appointment, please contact your surgeon's office.
- If you have any questions or concerns, please contact your surgeon's office.

Your surgery may be cancelled or delayed if you do not attend this appointment

For more information about Niagara Health, go to the Niagara Health website at
www.niagarahealth.on.ca

OR

Call the Patient Information Line: 289-398-1073

Please see the next page for the answers to some commonly asked questions
about the Preoperative Clinic.

What is the Preoperative Clinic?

The Preoperative Clinic is a clinic at the hospital to help you get ready for your surgery.

- You can eat and drink as you always do before your Preoperative Clinic appointment.
- You should take your medicines as you normally would before your Preoperative Clinic appointment.

What happens at the Preoperative Clinic appointment?

You will be seen by members of the health care team depending on your needs.

These team members will:

- Do a nursing assessment, check your blood pressure and record your height and weight and other tests as needed
- Arrange visits with other members of the health care team and services, if required (anaesthesia, physiotherapy, home care, occupational therapy, etc.)
- Give you information about your surgery and recovery
- Give you a chance to ask questions about your recovery and/or hospital stay, if needed
- Give you written instructions to take home to help you get ready for your surgery

How long will my Preoperative Clinic appointment take?

- The Preoperative Clinic visit will take 2 to 4 hours. The time depends on how many health care team members you need to see

What do I bring?

- Your health card and group insurance information
- If this is a WSIB case, bring your claim number and Social Insurance Number
- All of your prescription, over the counter, non-prescription medicines, vitamins, minerals, supplements and natural remedies. Don't forget any ear drops, eye drops, creams, ointments, inhalers, injections, liquids, nose sprays, patches and suppositories.
- The list of medications from your pharmacist
- If you need help to get from place to place, English is not your first language, or you need a translator, please bring someone to help you
- Any snacks or medicines you will need during the time you will be at the hospital for this visit

Parking

- There is a fee for parking in the hospital parking lot
- Take a ticket when you enter the parking lot. Bring the ticket into the hospital with you – do not leave it in your car.
- Before leaving the building, put your ticket into one of the ticket kiosks found at all major exits
- The kiosk will tell you how much to pay. You can pay by cash or credit.
- After you pay, the ticket will be returned. Take the ticket to the car and put it into the machine at the exit gate

Notes:

Niagara Health is a Smoke and Scent-Free Environment