

## Child and Adolescent Outpatient Referral Form Mental Health and Addictions

### SECTION A: Client Information

Client/family consent to referral?  Yes  No

Client Name: \_\_\_\_\_

HC with Version Code: \_\_\_\_\_

Client Preferred Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ (dd/mm/yyyy)

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_

Client's Telephone: (H) \_\_\_\_\_

Leave Message:  Yes  No

(C) \_\_\_\_\_

Leave Message:  Yes  No

Client's E-mail: \_\_\_\_\_

Consent to speak with Parent/Caregiver (12 yrs+) Y  N

Leave message with Parent:  Yes  No

Parent/Caregiver Name: \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

Parent/Caregiver E-mail: \_\_\_\_\_

Birth Gender:  Male  Female

Identified Gender: \_\_\_\_\_

Name of Family Physician: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### SECTION B:

Psychiatric Diagnosis / Main Presenting Concern(s): \_\_\_\_\_

### SECTION C: Risks

Please complete the following chart

	Present (within past 3 months)		Past (3 months or more)		Denied	Unknown
	Yes	No	Yes	No		
Alcohol / Substance Use						
Violent Behaviour						
Suicidal Ideation						
Suicidal Attempts						
Self-Harming Behaviour						

If answered yes above, please identify / report concerns: \_\_\_\_\_

### SECTION D: Current Agency Involvement

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Pathstone Mental Health                                     | <input type="checkbox"/> Niagara Health System                      | <input type="checkbox"/> Addiction Services (Specify) _____ |
| <input type="checkbox"/> Family and Children's Services (FACS)                       | <input type="checkbox"/> HC&CS / Mental Health and Addictions Nurse |   |
| <input type="checkbox"/> Developmental Services (eg. Bethesda)                       | <input type="checkbox"/> Niagara Region                             |   |
| <input type="checkbox"/> School Social Worker <input type="checkbox"/> Private / EAP | <input type="checkbox"/> Other _____                                |   |

### SECTION E: NHFax Referral to: 905-688-0683

- Counselling / Therapy  
Included:  HEADS ED  CSSRS  
 Psychiatry Notes  SW Note
- Psychiatric Consultation
- Other: \_\_\_\_\_
- High Risk Social Worker (Completed by Crisis SW only)  
Included:  HEADS ED  CSSRS  
 Psychiatry Notes  SW Note

### McMaster Service Requested – MAU, 3G (external):

#### Fax Referral to: 905-688-9951

- Brief Services Social Worker

#### Criteria for Children / Youth:

- Ages 10 years and up; **AND** High risk to self / others; **AND**
- Mental health treatment / therapy focus ONLY
- Reside in Niagara Region / remain in Niagara for next 1-2 months **AND**
- Consent to treatment, including referral to ongoing mental health services; **AND / OR** no connection to community services

Completed By (Print Name) \_\_\_\_\_

Referral Date  
(dd/mm/yyyy)

Referring Physician \_\_\_\_\_

MD/NP Billing Number / Signature \_\_\_\_\_

### Consent and Agreement

I, the undersigned, agree to the exchange of personal health information between the referring agency listed above and Pathstone Mental Health for the purpose of referral, treatment planning, coordination and follow up services/supports. I further agree to the exchange of personal health information between Pathstone Mental Health and the referring agency listed above for the purpose of referral, treatment planning, coordination and follow up services/supports. In addition, I agree to an Intake Clinician at Pathstone Mental Health contacting me for purposes of completing an intake if required.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

OR  Verbal consent for above, obtained from / relationship / date: \_\_\_\_\_



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**Chart Copy – Do Not Destroy**