

Eating Disorder Treatment Resources

INFORMATION

National Eating Disorder Information Centre (NEDIC)

416-340-4156 or 1-866-633-4220 (toll free)

<http://nedic.ca>

Health Quality Ontario - Quality Standards – Eating Disorders

<https://www.hqontario.ca/Evidence-to-Improve-Care/Quality-Standards/View-all-Quality-Standards/Eating-Disorders>

INPATIENT TREATMENT

University Health Network Toronto (Adults-17 years & older)

416-603-5025 (referral) 416-340-3477 (clinic)

https://www.uhn.ca/MentalHealth/Clinics/Eating_Disorder

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

<https://www.thp.ca/patientservices/mentalhealth/medicalpsychiatry/pages/eating-disorders-program.aspx>

Homewood Health Centre (Guelph) (Adults-16 years & older)

866-485-5701

<https://homewoodhealthcentre.com/our-expertise/eating-disorders/>

McMaster Children's Hospital Eating Disorder Program (<18 years old)

905-521-2100 x73049

<https://www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/areas-of-care/services/eating-disorder-program/>

Hospital for Sick Children (Toronto) (Ages 8 to 18 years)

New referrals accepted up to 17 years, 3 months

416-813-5804

<https://www.sickkids.ca/en/care-services/clinics/eating-disorders-program/>



DAY TREATMENT

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

<https://www.thp.ca/patientservices/mentalhealth/medicalpsychiatry/pages/eating-disorders-program.aspx>

McMaster Children's Hospital Eating Disorder Program (<18 years old)

905-521-2100 x73049

<https://www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/areas-of-care/services/eating-disorder-program/>

OUTPATIENT TREATMENT

Niagara Eating Disorder Outpatient Program (Adults 16 & older)

905-378-4647 x32532

<https://www.niagarahealth.on.ca/site/eating-disorder-program>

McMaster Children's Hospital Eating Disorder Program (<18 years old)

905-521-2100 x73049

<https://www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/areas-of-care/services/eating-disorder-program/>

Pathstone Mental Health (Niagara Region) (Child/Teen)

Call Contact Niagara at 1-800-933-3617 or 905-684-3407

<https://pathstonementalhealth.ca/>

St. Joseph's Hospital Hamilton – Eating Disorder Program

905-540-6574 x33561 (referrals) x33433 (information)

<https://www.stjoes.ca/hospital-services/mental-health-addiction-services/mental-health-services/eating-disorders-program>

University Health Network Toronto (Adults-17 years & older)

Virtual Intensive Outpatient Treatment

416-603-5025 (referral) 416-340-3477 (clinic)

https://www.uhn.ca/MentalHealth/Clinics/Eating_Disorder

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

<https://www.thp.ca/patientservices/mentalhealth/medicalpsychiatry/pages/eating-disorders-program.aspx>



Sheena's Place (Toronto) (Adults 17 & older)
416-927-8900
www.sheenasplace.org

Body Brave (Hamilton) (Adults 17 & older)
905-312-9628
<https://www.bodybrave.ca/>

Body Peace Canada is a free online resource for anyone 14+ in Canada.
<https://www.bodypeacecanada.ca/>

****Programs subject to change. Please contact the program directly regarding programming and referral process****

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