

## Eating Disorder Treatment Resources

### Information

National Eating Disorder Information Centre (NEDIC)

416-340-4156 or 1-866-633-4220 (toll free)

<http://nedic.ca>

### Inpatient Treatment

Toronto General Hospital (Adults-17 years & older)

416-340-3041

[www.eatingdisorderuhn.com](http://www.eatingdisorderuhn.com)

Homewood Health Centre (Guelph) (Adults-16 years & older)

519-824-1010 x296

[www.homewoodhealth.com](http://www.homewoodhealth.com)

Hospital for Sick Children (Toronto) (Ages 8 to 18 years)

New referrals accepted up to 17 years, 3 months

416-813-7195

[www.sickkids.ca](http://www.sickkids.ca)

Hamilton Health Sciences (Adults-16 years & older)

905-521-7925

[www.stjoes.ca](http://www.stjoes.ca)

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

[www.trilliumhealthpartners.ca](http://www.trilliumhealthpartners.ca)

London Health Sciences Centre – Adult Eating Disorder Services (Adult)

519-685-8500 x74793

<http://www.lhsc.on.ca/adult-eating-disorders-service-aeds/the-adult-eating-disorders-service>



## **Day Treatment**

Toronto General Hospital/North York General Hospital (Adults-17 & older)

416-340-3041

[www.eatingdisorderuhn.com](http://www.eatingdisorderuhn.com)

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

[www.trilliumhealthpartners.ca](http://www.trilliumhealthpartners.ca)

London Health Sciences Centre – Adult Eating Disorder Services (Adult)

519-685-8500 x74793

<https://www.lhsc.on.ca/adult-eating-disorders-service-aeds/the-adult-eating-disorders-service>

## **Outpatient Treatment**

Niagara Eating Disorder Outpatient Program (Adults 16 & older)

905-378-4647 x32532

<https://www.niagarahealth.on.ca/site/eating-disorder-program>

Pathstone Mental Health (Niagara Region) (Child/teen)

Call Contact Niagara at 1-800-933-3617 or 905-684-3407

<https://pathstonementalhealth.ca/>

St. Joseph's Hospital Hamilton

905-540-6574 x33954

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

[www.trilliumhealthpartners.ca](http://www.trilliumhealthpartners.ca)

Sheena's Place (Toronto) (Adults 17 & older)

416-927-8900

[www.sheenasplace.org](http://www.sheenasplace.org)

Body Brave (Hamilton) (Adults 17 & older)

905-312-9628

<https://www.livingbodybrave.com/services>

\*\*Programs subject to change. Please contact the Program directly regarding programming and referral process.\*\*

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