

Eating Disorder Treatment Resources

Information

National Eating Disorder Information Centre (NEDIC)

416-340-4156 or 1-866-633-4220 (toll free)

<http://nedic.ca>

Inpatient Treatment

Toronto General Hospital (Adults-17 years & older)

416-340-3041

https://www.uhn.ca/MentalHealth/Clinics/Eating_Disorder

Homewood Health Centre (Guelph) (Adults-16 years & older)

519-824-1010 x296

www.homewoodhealth.com

McMaster Children's Hospital Eating Disorder Program (<18 years old)

905-521-2100 x73049

[Eating Disorder Program - Hamilton Health Sciences](#)

Hospital for Sick Children (Toronto) (Ages 8 to 18 years)

New referrals accepted up to 17 years, 3 months

416-813-7195

www.sickkids.ca

Hamilton Health Sciences (Adults-16 years & older)

905-521-7925

www.stjoes.ca

Credit Valley Hospital (Mississauga) (Adults-18 & older)

905-813-4505

www.trilliumhealthpartners.ca

London Health Sciences Centre – Adult Eating Disorder Services (Adult)

519-685-8500 x74793

<https://www.lhsc.on.ca/adult-eating-disorders-service-aeds/the-adult-eating-disorders-service>



Day Treatment

Toronto General Hospital/North York General Hospital (Adults-17 & older)
416-340-3041

https://www.uhn.ca/MentalHealth/Clinics/Eating_Disorder

Credit Valley Hospital (Mississauga) (Adults-18 & older)
905-813-4505

www.trilliumhealthpartners.ca

London Health Sciences Centre – Adult Eating Disorder Services (Adult)
519-685-8500 x74793

<https://www.lhsc.on.ca/adult-eating-disorders-service-aeds/the-adult-eating-disorders-service>

Outpatient Treatment

Niagara Eating Disorder Outpatient Program (Adults 16 & older)
905-378-4647 x32532

<https://www.niagarahealth.on.ca/site/eating-disorder-program>

Pathstone Mental Health (Niagara Region) (Child/teen)
Call Contact Niagara at 1-800-933-3617 or 905-684-3407

<https://pathstonementalhealth.ca/>

St. Joseph's Hospital Hamilton
905-540-6574 x33954

Credit Valley Hospital (Mississauga) (Adults-18 & older)
905-813-4505

www.trilliumhealthpartners.ca

Sheena's Place (Toronto) (Adults 17 & older)
416-927-8900

www.sheenasplace.org

Body Brave (Hamilton) (Adults 17 & older)
905-312-9628

<https://www.bodybrave.ca/>

Programs subject to change. Please contact the Program directly regarding programming and referral process.

