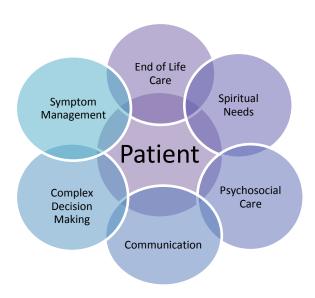
Information for Patients and Families



WFCC Palliative and Supportive Care Clinic

Palliative and Supportive Care - what does it mean?

Palliative and supportive care offers a holistic approach for all symptoms associated with cancer and its treatment. Palliative care supports the patient and family needs during the journey of an advanced cancer disease. When palliative and supportive care is involved in the care of patients with advanced cancer earlier in their treatment plan, it can lead to improved quality of life and emotional wellbeing for patients and families. With this patient centred approach, patients and families are empowered to manage and navigate their care.



The Palliative and Supportive Care Clinic at WFCC

The Palliative and Supportive Care Clinic at WFCC has been developed as a referral based service for patients with advanced cancer. The goal is to co-manage patient care in a timely manner along with the oncologist and share the relationship with the family doctor and other involved health care providers, in order to provide and promote the most appropriate care for our patients.

What can we help you with?

- Symptom management: pain, nausea/vomiting, constipation/diarrhea etc.
- Psychosocial support
- Home and community care referrals
- Advanced care planning
- Involvement of family members in meetings as per patient wishes
- Developing a care plan than ensures the goals of the patient are being met
- End of life care planning, co-management and transition to community/home care services
- To share the relationship and care between the patient, family physician, WFCC physicians and community healthcare providers.

The Team

Physician

Palliative care physicians are medical doctors with a specialized degree. The Oncologist at WFCC will ask the palliative care physician for assistance/consultation to address a symptom or other complex care needs. The palliative care physician works together with the patient, caregiver, family, family physician, community partner and oncologist.

Pain and Symptom Management Nurse

The pain and symptom management nurse is a registered nurse with special training. This provides assistance for pain and symptom management, supportive care, patient navigation and transition of care. The pain and symptom management nurse can assist with evaluation and education in clinic consultations and serves as the main resource for advice and contact in an emergency.

Social worker

Both patients and caregivers often require special and detailed advice with financial questions or employment issues. Social workers can assist with that. They also offer acute crisis interventions and help with emotional and social struggles.

Support Staff

Patients and caregivers might be first contacted by our administrator. This person is responsible for organizing visits, diagnostics, treatment appointments etc. We always try to accommodate patient's appointment wishes. Please ask us.

Learners

The Palliative and Supportive Care Clinic at WFCC provides educational experiences for healthcare learners with a focus on palliative and supportive care. These learners may be present in your care with your permission.

Community partners

Sometimes patients and caregivers need help with the emotional, social and spiritual challenges that come along with their disease. We offer to connect patients and families to our community partners that may be able to come to the home to address emotional worries and concerns. Also, patients and families may have requests in regards to their faith and religious practice.

Spiritual Care

Often the diagnosis of a life-limiting disease can invite difficult questions, such as "What did I do to deserve this?", or "Why do I feel like I'm being punished; I've been a good person?" Such questions can de-rail one from living well alongside of illness. Spiritual Care helps foster ways of living alongside of these or other questions, within a broader context of meaning and fulfillment. A Chaplain can help you face your anxieties and fears within the frame work of your spiritual moorings.

Palliative and Supportive Care Clinic Walker Family Cancer Centre

Call: 905-682-6451 Press #2

Monday - Friday from 8:30 am - 4:30 pm

Phones are not answered between 12:00 and 1:00 pm Closed Statutory Holidays