

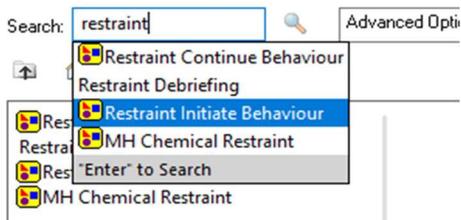
## FOR NURSES & PROVIDERS

**For Physicians:** How to initiate and continue a restraint order.

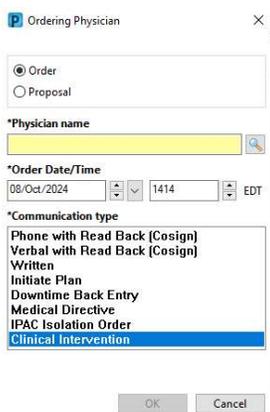
**For Nursing:** How to initiate a restraint order and document ongoing monitoring. Restraint use requires a physicians order. In **emergency situations** nursing may initiate an order for physical restraint which requires a physicians signature retroactively. Nursing **may NOT** continue a restraint order. Always follow and refer to the restraint practice standards and policy of least restraint.

### Initiating Restraints

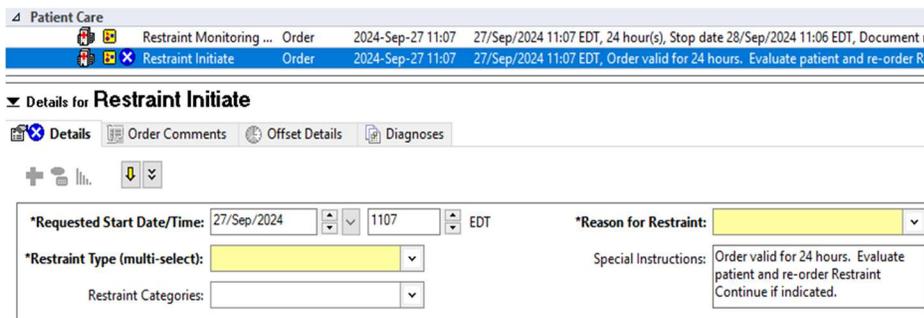
1. From the *Orders* Tab in the blue menu in the chart view, select  to place a new order.
2. In the search box, enter restraint and select the *Restraint Initiate Behaviour* Power Plan. Click *Done*.



3. Ensure that both the *Restraint Initiate* and *Restraint Monitoring Behaviour* orders are selected. Click  On the bottom right corner of the order window.
4. Enter the physician name and communication type in the *Ordering Physician* dialog box. Choose Clinical Intervention as the communication type when initiating restraints in an emergent situation. Click *OK*.



- Select the *Restraint Initiate* order under *Patient Care*. Fill in the necessary fields highlighted in yellow. To multi-select, hold the CTRL key while clicking. Click *Orders for Signature*. Click *Sign*.



4 Patient Care

Restraint Monitoring ...	Order	2024-Sep-27 11:07	27/Sep/2024 11:07 EDT, 24 hour(s), Stop date 28/Sep/2024 11:06 EDT, Document r
Restraint Initiate	Order	2024-Sep-27 11:07	27/Sep/2024 11:07 EDT, Order valid for 24 hours. Evaluate patient and re-order Re

▼ Details for **Restraint Initiate**

Details Order Comments Offset Details Diagnoses

\*Requested Start Date/Time: 27/Sep/2024 11:07 EDT

\*Reason for Restraint: [Yellow Highlighted]

\*Restraint Type (multi-select): [Yellow Highlighted]

Restraint Categories: [Yellow Highlighted]

Special Instructions: Order valid for 24 hours. Evaluate patient and re-order Restraint Continue if indicated.

- Click on the *Refresh* Icon to process the orders.

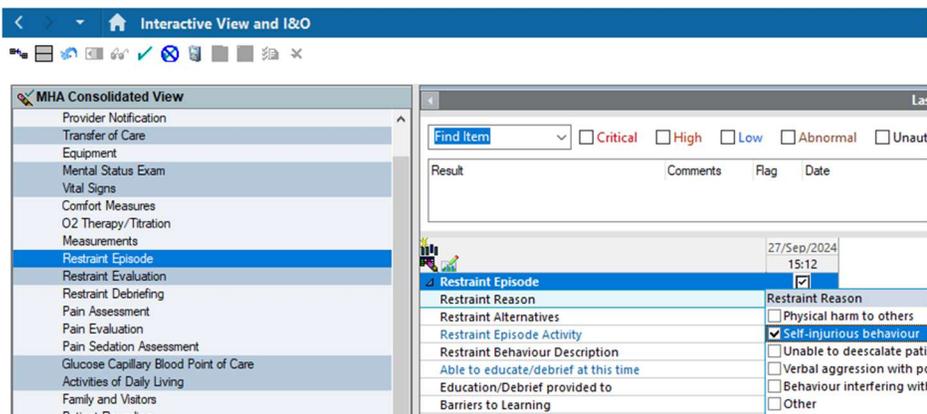


### Documenting a Restraint Episode

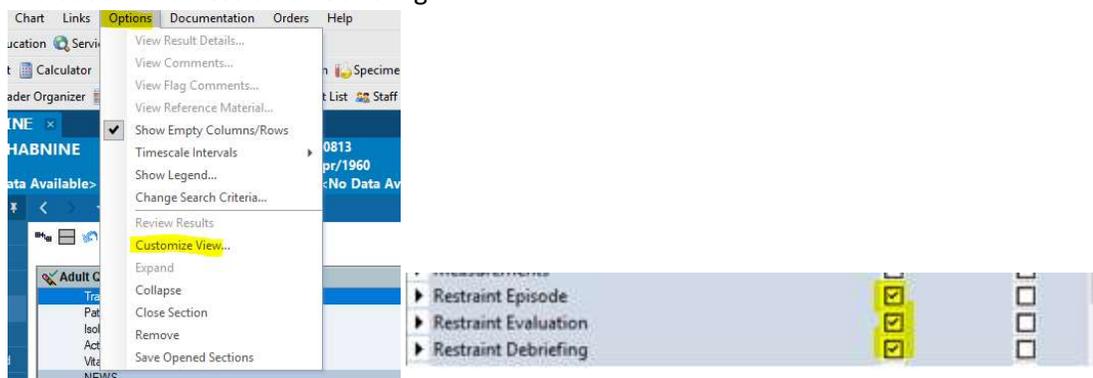
Minimum mandatory assessment of patients' condition and repeat as required:

- Hourly assessments:
  - Visual assessment of circulation
  - Visual assessment of respiration at the bedside
- Assessment of vital signs are required at minimum every 4 hours for the duration of the emergency restraint.
- Reposition patient every two hours (unless patient able to independently do so) with limb release or passive range of motion. Document rationale if unable to reposition patient.
- Provide toileting, nutrition, hydration, personal care every two hours and PRN.
- If safe to do so, mobilize/ambulate patient for at least 15 minutes every 8 hours. Document rationale if unable to mobilize/ambulate patient

1. From the *Interactive View and I&O* in the blue menu, click on the box in the first time column next to *Restraint Episode*, found in the list under *MHA Consolidated View* for mental health clinicians.



For other clinical positions, go to *Interactive View and I&O* in the blue menu. In the grey tool bar, select options then customize view. Select checkbox beside *Restraint Episode*, *Restraint Evaluation* and *Restraint Debriefing*.



Once selecting these sections, they will be visible under Adult Quick View.

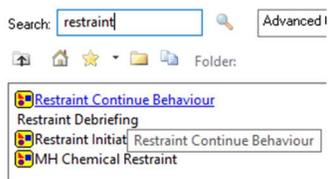
2. Place Cursor in the first box under the current time column and select a *Restraint Reason*.
3. Press *Tab* to continue to the next box. Complete for *Restraint Episode*, *Debriefing* and *Evaluation*.
4. Click the  to sign.

### Continuing Restraints – PHYSICIANS ONLY

To be completed following a face-to-face evaluation of the patient. The initial order is only valid for 24 hours therefore a continue order MUST be placed if restraints are still necessary beyond this time period.

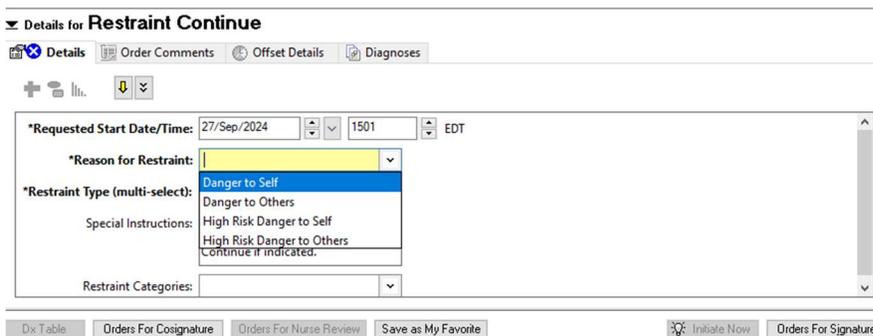
**Important!** If a different type of restraint is required within the 24-hour period of an initial restraint order, a new order is required.

1. Enter *restraint* in the order search enter restraint and select the *Restraint Continue Behaviour* Power Plan. Click *Done*.



2. Select the order and click 

3. Fill in the necessary fields and click *Orders for Signature*.



4. Click Sign. Refresh the page.